



1
00:00:23,760 --> 00:00:20,170
welcome to shattered reality with your

2
00:00:27,040 --> 00:00:23,770
hosts kate valentine and Farrugia

3
00:00:31,779 --> 00:00:27,050
prepare to head her paradigms shifted in

4
00:00:36,850 --> 00:00:31,789
the truth questioned and now shattered

5
00:00:39,009 --> 00:00:36,860
reality hey Kate hey frew show I guess

6
00:00:42,009 --> 00:00:39,019
it's time for another thrilling session

7
00:00:45,219 --> 00:00:42,019
here at shattered reality yes and we

8
00:00:47,259 --> 00:00:45,229
have been on a light summer schedule but

9
00:00:49,509 --> 00:00:47,269
I'm hoping in September we go back to

10
00:00:52,689 --> 00:00:49,519
our regular schedule or something close

11
00:00:56,410 --> 00:00:52,699
to it okay um but we have such a

12
00:00:59,469 --> 00:00:56,420
fabulous guest today I'm thrilled that

13
00:01:02,890 --> 00:00:59,479

she has agreed to come on board and be

14

00:01:08,260 --> 00:01:02,900

with us today the person I'm talking

15

00:01:10,539 --> 00:01:08,270

about is Nancy scooter McMonagle and she

16

00:01:14,349 --> 00:01:10,549

is the executive director and president

17

00:01:17,649 --> 00:01:14,359

of the monroe institute prior to that

18

00:01:21,969 --> 00:01:17,659

she had a an astrological practice that

19

00:01:28,240 --> 00:01:21,979

was international she is really at the

20

00:01:32,410 --> 00:01:28,250

Nexus of psychic and consciousness

21

00:01:35,580 --> 00:01:32,420

studies and research because believe it

22

00:01:38,289 --> 00:01:35,590

or not it's just such a she's in such a

23

00:01:41,080 --> 00:01:38,299

catbird seat there at the monroe

24

00:01:44,349 --> 00:01:41,090

institute but not only that her

25

00:01:48,239 --> 00:01:44,359

stepfather was the founder of the monroe

26
00:01:54,700 --> 00:01:48,249
institute mr. Robert Monroe himself and

27
00:02:00,510 --> 00:01:54,710
her husband is Joe McMonagle remote

28
00:02:03,580 --> 00:02:00,520
viewer number 0 0 0 1 I guess it is

29
00:02:06,849 --> 00:02:03,590
extremely impressive yeah and she she

30
00:02:09,040 --> 00:02:06,859
has been um you know the director and

31
00:02:12,070 --> 00:02:09,050
president of the monroe institute for

32
00:02:15,369 --> 00:02:12,080
two different terms the first one was

33
00:02:19,480 --> 00:02:15,379
about I'm gonna say more than 20 years

34
00:02:22,180 --> 00:02:19,490
ago do I dare to say that I just did

35
00:02:25,600 --> 00:02:22,190
and she looks younger than springtime

36
00:02:27,880 --> 00:02:25,610
she's a beautiful blonde with a gorgeous

37
00:02:31,510 --> 00:02:27,890
smile and one of the nicest people you

38
00:02:33,220 --> 00:02:31,520

ever want to meet hello scooter oh my

39

00:02:36,190 --> 00:02:33,230

goodness what a lovely introduction

40

00:02:38,830 --> 00:02:36,200

thank you that's very nice or Felucia

41

00:02:40,690 --> 00:02:38,840

what do you prefer to be called I need

42

00:02:43,930 --> 00:02:40,700

to be called Farrugia on on this

43

00:02:47,500 --> 00:02:43,940

broadcast alrighty then miss purusha

44

00:02:51,550 --> 00:02:47,510

it's a lovely name thank you so maybe

45

00:02:55,660 --> 00:02:51,560

you want to tell us exactly how you got

46

00:02:58,960 --> 00:02:55,670

the name scooter well my mother was

47

00:03:01,600 --> 00:02:58,970

Nancy my aunt was Nancy my cousin was

48

00:03:03,550 --> 00:03:01,610

Nancy actually my cousin wasn't born yet

49

00:03:06,330 --> 00:03:03,560

but the truth of the matter is mother

50

00:03:09,910 --> 00:03:06,340

had a woman helping us helping her with

51
00:03:12,730 --> 00:03:09,920
my sister who was at the time almost

52
00:03:14,830 --> 00:03:12,740
three years old and myself as an infant

53
00:03:17,860 --> 00:03:14,840
and this woman called me her little

54
00:03:21,520 --> 00:03:17,870
scooter cake and a scooter cake was

55
00:03:23,860 --> 00:03:21,530
presumably a sweet cake just because of

56
00:03:25,600 --> 00:03:23,870
course I was such a sweet child and a

57
00:03:26,920 --> 00:03:25,610
lot of people think it's because i'm

58
00:03:29,020 --> 00:03:26,930
totally on from here there and

59
00:03:31,690 --> 00:03:29,030
everywhere high energy but no it was

60
00:03:33,700 --> 00:03:31,700
because i was a very sweet little baby

61
00:03:36,460 --> 00:03:33,710
and that's how i got it with scooter

62
00:03:39,580 --> 00:03:36,470
cake so that's how it came about and it

63
00:03:43,120 --> 00:03:39,590

has always stuck so scooter has stuck

64

00:03:46,470 --> 00:03:43,130

with me all these 60 plus years now well

65

00:03:49,780 --> 00:03:46,480

i'm sure you were a sweet baby and

66

00:03:51,580 --> 00:03:49,790

scooter we have here in the new york

67

00:03:54,670 --> 00:03:51,590

area when i was a kid we had scooter

68

00:03:57,340 --> 00:03:54,680

pies and oh yeah like a chocolate with

69

00:03:59,530 --> 00:03:57,350

vodka with a marshmallow warrior right

70

00:04:01,510 --> 00:03:59,540

all of that we had and I never liked

71

00:04:03,280 --> 00:04:01,520

those actually and that was different

72

00:04:05,470 --> 00:04:03,290

mother thought maybe even you know the

73

00:04:07,630 --> 00:04:05,480

woman had a black dialect so the

74

00:04:09,730 --> 00:04:07,640

question was listed scooter she was

75

00:04:13,540 --> 00:04:09,740

saying or screwed up really scooter

76

00:04:17,020 --> 00:04:13,550

which was SC udda you know I've never

77

00:04:19,120 --> 00:04:17,030

thought to google that maybe I'm glad we

78

00:04:24,400 --> 00:04:19,130

had this little chat about see what

79

00:04:28,570 --> 00:04:24,410

happens Wow so um maybe you'd like to

80

00:04:32,590 --> 00:04:28,580

tell us a little bit about how you know

81

00:04:33,070 --> 00:04:32,600

Robert Monroe tell us we've spoken about

82

00:04:34,809 --> 00:04:33,080

them

83

00:04:37,210 --> 00:04:34,819

murrow institute on shattered reality

84

00:04:40,540 --> 00:04:37,220

but from your point of view tell us who

85

00:04:44,469 --> 00:04:40,550

Robert Monroe was and how he changed

86

00:04:47,140 --> 00:04:44,479

your life well I was fortunate to have

87

00:04:49,719 --> 00:04:47,150

him in much of my life I was about 14

88

00:04:52,029 --> 00:04:49,729

years old I'm actually met him when I

89

00:04:54,369 --> 00:04:52,039

was first ten he was a friend of the

90

00:04:57,429 --> 00:04:54,379

families and at age 14 he became like a

91

00:04:59,770 --> 00:04:57,439

mentor to me and I knew he did these

92

00:05:02,499 --> 00:04:59,780

really weird things going out of body

93

00:05:05,230 --> 00:05:02,509

and since my mother was a Christian

94

00:05:08,110 --> 00:05:05,240

mystic of fortune mom had taught us for

95

00:05:11,409 --> 00:05:08,120

years about the odd things for example

96

00:05:13,869 --> 00:05:11,419

back in 1962 during the Cuban Missile

97

00:05:17,110 --> 00:05:13,879

Crisis mother told my sister penny and

98

00:05:18,430 --> 00:05:17,120

me if there and we lived out in the

99

00:05:21,399 --> 00:05:18,440

desert by the way we grew up in the

100

00:05:24,100 --> 00:05:21,409

Marine Corps was 29 palms California she

101
00:05:26,580 --> 00:05:24,110
said if something lands from the sky and

102
00:05:29,260 --> 00:05:26,590
it's a great big oval of some sort and

103
00:05:31,300 --> 00:05:29,270
some strange looking people get out of

104
00:05:33,519 --> 00:05:31,310
it and ask you to go with them I want

105
00:05:35,920 --> 00:05:33,529
you to go with them so I grew up with

106
00:05:38,230 --> 00:05:35,930
this stuff oh yeah Wow well mom was

107
00:05:40,600 --> 00:05:38,240
looking for UFOs since I was a mere

108
00:05:42,990 --> 00:05:40,610
child as they say Wow so here was mr.

109
00:05:46,809 --> 00:05:43,000
Monroe as we called him and then and

110
00:05:49,540 --> 00:05:46,819
again good friend of the families and so

111
00:05:52,769 --> 00:05:49,550
what do we call him uncle bob even like

112
00:05:55,540 --> 00:05:52,779
that so much he particularly hated Momo

113
00:05:58,659 --> 00:05:55,550

if you could imagine paws Monroe being

114

00:06:02,439 --> 00:05:58,669

called mobile nobody could either so um

115

00:06:05,709 --> 00:06:02,449

anyway so I call him mr. Monroe up until

116

00:06:08,800 --> 00:06:05,719

the time he became my stepfather in 1971

117

00:06:11,170 --> 00:06:08,810

and at that point he became dead and

118

00:06:14,649 --> 00:06:11,180

still have my daddy but Honeycutt my

119

00:06:16,420 --> 00:06:14,659

father and then Bob became dad now can

120

00:06:20,589 --> 00:06:16,430

you imagine my poor mother bud and Bob

121

00:06:23,680 --> 00:06:20,599

oh there I can think I just got a bit

122

00:06:26,230 --> 00:06:23,690

sensitized it's arranged moments that

123

00:06:29,519 --> 00:06:26,240

could have occurred indeed indeed but

124

00:06:32,320 --> 00:06:29,529

anyway so dad bob was a just a

125

00:06:34,540 --> 00:06:32,330

marvelously interesting curious

126

00:06:37,719 --> 00:06:34,550

character he turned me on to Duke

127

00:06:39,760 --> 00:06:37,729

Ellington and Amelia Earhart got me

128

00:06:42,430 --> 00:06:39,770

reading biographies got me interested in

129

00:06:46,959 --> 00:06:42,440

possibly flying someday beyond just out

130

00:06:50,619 --> 00:06:46,969

of body stuff and also

131

00:06:53,259 --> 00:06:50,629

taught me about how found can affect

132

00:06:56,679 --> 00:06:53,269

your state of consciousness and so he

133

00:06:58,149 --> 00:06:56,689

played tapes for me I had a tape

134

00:07:00,639 --> 00:06:58,159

recorder next to the bed where he played

135

00:07:02,679 --> 00:07:00,649

certain sound to help me sleep better

136

00:07:05,589 --> 00:07:02,689

because he was very interested in people

137

00:07:08,889 --> 00:07:05,599

learning to occur if they could enhance

138

00:07:10,629 --> 00:07:08,899

their learning by doing it during their

139

00:07:12,579 --> 00:07:10,639

sleep and so I was listening to the

140

00:07:14,649 --> 00:07:12,589

sounds of quarters now most people know

141

00:07:18,189 --> 00:07:14,659

that Bob is connected very much with

142

00:07:24,429 --> 00:07:18,199

hemi-sync they sound the technology that

143

00:07:27,629 --> 00:07:24,439

he created and so so this this was all

144

00:07:31,029 --> 00:07:27,639

going on in 14 15 16 17 years old and

145

00:07:33,039 --> 00:07:31,039

his teaching me also about if any of you

146

00:07:35,229 --> 00:07:33,049

all had read his books about the

147

00:07:37,499 --> 00:07:35,239

different overview they're not getting

148

00:07:42,399 --> 00:07:37,509

caught up in quote-unquote local traffic

149

00:07:45,039 --> 00:07:42,409

for example so he was like a Merlin in a

150

00:07:46,629 --> 00:07:45,049

way teaching me how to look at life in a

151
00:07:50,100 --> 00:07:46,639
whole different way teaching us about

152
00:07:52,719 --> 00:07:50,110
skills we had that everybody had

153
00:07:55,389 --> 00:07:52,729
probably yes we did go out of body

154
00:07:56,979 --> 00:07:55,399
whether to remembered it or not talking

155
00:07:59,019 --> 00:07:56,989
about psychic stuff he was bringing

156
00:08:02,319 --> 00:07:59,029
interesting people into our home and

157
00:08:05,139 --> 00:08:02,329
then then later when he and mom were

158
00:08:06,819 --> 00:08:05,149
married and we were at whistle field and

159
00:08:09,579 --> 00:08:06,829
then he started whistle field research

160
00:08:11,769 --> 00:08:09,589
labs in Virginia let me just add process

161
00:08:14,439 --> 00:08:11,779
yeah this is in the tank virginia now

162
00:08:15,819 --> 00:08:14,449
right we're now in virginia actually

163
00:08:18,399 --> 00:08:15,829

been in bridgend most the time was only

164

00:08:20,469 --> 00:08:18,409

three years in California but in

165

00:08:22,719 --> 00:08:20,479

Virginia and the foothills of the Blue

166

00:08:26,469 --> 00:08:22,729

Ridge central Virginia near

167

00:08:28,659 --> 00:08:26,479

Charlottesville Virginia and so there is

168

00:08:30,399 --> 00:08:28,669

where he started the explorers and the

169

00:08:33,420 --> 00:08:30,409

explorers where people would come in and

170

00:08:36,749 --> 00:08:33,430

Bob would be testing out his sound

171

00:08:40,600 --> 00:08:36,759

formulas on these people to see how

172

00:08:43,089 --> 00:08:40,610

deeply he could get them into these

173

00:08:45,400 --> 00:08:43,099

expanded states of consciousness and yet

174

00:08:46,780 --> 00:08:45,410

keep them awake okay so that they

175

00:08:49,150 --> 00:08:46,790

weren't just falling asleep and then

176

00:08:50,980 --> 00:08:49,160

send them out and ask them to go find

177

00:08:54,369 --> 00:08:50,990

out okay so what is the nature of

178

00:08:56,769 --> 00:08:54,379

reality why is this like that so on and

179

00:08:58,509 --> 00:08:56,779

so forth and so actually I think we have

180

00:08:59,980 --> 00:08:58,519

those on the website and go and look at

181

00:09:00,940 --> 00:08:59,990

the Explorers and they're always

182

00:09:03,550 --> 00:09:00,950

different

183

00:09:06,190 --> 00:09:03,560

shins of his working with people sending

184

00:09:08,890 --> 00:09:06,200

them out there and Tom Campbell who I

185

00:09:11,530 --> 00:09:08,900

may be aware of who did my big toe right

186

00:09:13,840 --> 00:09:11,540

NBC was one of the early ones hand

187

00:09:17,650 --> 00:09:13,850

Dennis met Erick and tom has since

188

00:09:20,350 --> 00:09:17,660

written a book about his theory of

189

00:09:22,330 --> 00:09:20,360

everything which is the big toe and in

190

00:09:24,490 --> 00:09:22,340

fact was just here last week giving his

191

00:09:26,980 --> 00:09:24,500

program which was enormously successful

192

00:09:30,850 --> 00:09:26,990

yeah he's just a great guy I mean I

193

00:09:32,890 --> 00:09:30,860

having read about him through the monroe

194

00:09:36,760 --> 00:09:32,900

institute i don't remember exactly where

195

00:09:38,470 --> 00:09:36,770

but i was very captivated to go and take

196

00:09:41,290 --> 00:09:38,480

a weekend with him when he was in New

197

00:09:43,990 --> 00:09:41,300

York City and I couldn't meet a nicer

198

00:09:46,360 --> 00:09:44,000

person than Tom yellow and his wife yeah

199

00:09:50,710 --> 00:09:46,370

really nice he and panel of both very

200

00:09:52,510 --> 00:09:50,720

fine people so anyway so all these just

201
00:09:55,210 --> 00:09:52,520
fascinating things and he's so here was

202
00:09:58,840 --> 00:09:55,220
Bob and just in case those who don't

203
00:10:00,550 --> 00:09:58,850
know who he was he wrote the books

204
00:10:03,490 --> 00:10:00,560
journeys out of the body which is the

205
00:10:04,900 --> 00:10:03,500
classic on out-of-body experiences I

206
00:10:08,020 --> 00:10:04,910
don't even know to be honest how many

207
00:10:10,150 --> 00:10:08,030
languages of him at this point but it

208
00:10:13,870 --> 00:10:10,160
has the soul it has been selling and

209
00:10:16,210 --> 00:10:13,880
selling and selling since 1971 so and

210
00:10:18,640 --> 00:10:16,220
it's still very successful he wrote two

211
00:10:21,190 --> 00:10:18,650
other books following that but again it

212
00:10:24,520 --> 00:10:21,200
was his from his notes that he kept from

213
00:10:26,920 --> 00:10:24,530

these very weird experiences he was

214

00:10:28,810 --> 00:10:26,930

harming outside of his body or that was

215

00:10:31,750 --> 00:10:28,820

this perception that he was outside of

216

00:10:33,970 --> 00:10:31,760

his body and so as a result of that and

217

00:10:36,130 --> 00:10:33,980

as a result of things going on at

218

00:10:38,500 --> 00:10:36,140

whistle field he was asked to give a

219

00:10:41,910 --> 00:10:38,510

program at Esalen which i'm sure you're

220

00:10:45,850 --> 00:10:41,920

probably aware of s 10 and so it was

221

00:10:48,670 --> 00:10:45,860

1973 and he gave his first program it

222

00:10:52,300 --> 00:10:48,680

was so successful and people asked if he

223

00:10:54,880 --> 00:10:52,310

would please do more and so then in 1974

224

00:10:58,060 --> 00:10:54,890

I was out of college and I was answering

225

00:11:01,930 --> 00:10:58,070

Bob's fan mail from the book oh darling

226

00:11:04,030 --> 00:11:01,940

yeah I mean basically i started out and

227

00:11:06,250 --> 00:11:04,040

he would look at him and then after a

228

00:11:07,980 --> 00:11:06,260

bit i got to understand that a lot of

229

00:11:10,870 --> 00:11:07,990

the questions of course were similar and

230

00:11:13,180 --> 00:11:10,880

so i would answer you know with his

231

00:11:14,269 --> 00:11:13,190

response but I was the one taking care

232

00:11:16,699 --> 00:11:14,279

of it

233

00:11:19,819 --> 00:11:16,709

and then from there started giving

234

00:11:24,949 --> 00:11:19,829

training programs with him and Dennis

235

00:11:26,389 --> 00:11:24,959

and Tom and then and I still can't

236

00:11:28,670 --> 00:11:26,399

believe I do that as I look at what we

237

00:11:31,340 --> 00:11:28,680

do here now is in my 20s and I started

238

00:11:33,439 --> 00:11:31,350

flying around the country giving weekend

239

00:11:34,939 --> 00:11:33,449

programs to people and teaching them how

240

00:11:37,160 --> 00:11:34,949

to get into these different states of

241

00:11:40,249 --> 00:11:37,170

consciousness similar to today's

242

00:11:44,600 --> 00:11:40,259

outreach programs that is correct good

243

00:11:45,739 --> 00:11:44,610

that that's right so so so we started

244

00:11:48,410 --> 00:11:45,749

all these various programs they were

245

00:11:51,350 --> 00:11:48,420

called the m5000 then because Bob wanted

246

00:11:52,970 --> 00:11:51,360

to Train 5,000 people and out of that

247

00:11:55,819 --> 00:11:52,980

5,000 he hoped to find some really

248

00:11:57,499 --> 00:11:55,829

gifted psychics and stuff and as I like

249

00:12:00,040 --> 00:11:57,509

to tell people well he just would have

250

00:12:02,420 --> 00:12:00,050

waited a while I would marry one but no

251

00:12:06,980 --> 00:12:02,430

but he would work with us for that

252

00:12:09,739 --> 00:12:06,990

matter but then um so we did that and he

253

00:12:15,290 --> 00:12:09,749

then bought the property which I'm now

254

00:12:17,239 --> 00:12:15,300

speaking to you from and built then what

255

00:12:19,309 --> 00:12:17,249

is now the monroe institute so it went

256

00:12:21,499 --> 00:12:19,319

from whistle field research labs and

257

00:12:24,019 --> 00:12:21,509

actually while we were still there he

258

00:12:27,199 --> 00:12:24,029

turned that into the monroe institute of

259

00:12:28,939 --> 00:12:27,209

applied sciences and then we moved here

260

00:12:32,600 --> 00:12:28,949

to this property in Nelson County

261

00:12:33,920 --> 00:12:32,610

Virginia is still in the foothills of

262

00:12:36,350 --> 00:12:33,930

the Blue Ridge it is absolutely

263

00:12:38,509 --> 00:12:36,360

stunningly beautiful organization you

264

00:12:41,449 --> 00:12:38,519

know that I can attest to that yes and

265

00:12:43,579 --> 00:12:41,459

it is like just a place that once you've

266

00:12:47,740 --> 00:12:43,589

been there you always want to come back

267

00:12:52,009 --> 00:12:47,750

there it is so comforting and a

268

00:12:54,439 --> 00:12:52,019

pristinely beautiful it's I there were

269

00:12:57,410 --> 00:12:54,449

lots of words to describe it and they're

270

00:12:59,809 --> 00:12:57,420

all good it says shangri-la kind of it

271

00:13:03,470 --> 00:12:59,819

is absolutely it is gorgeous so anyway

272

00:13:06,499 --> 00:13:03,480

of course what we do here with many more

273

00:13:08,869 --> 00:13:06,509

programs offered and people come in and

274

00:13:11,059 --> 00:13:08,879

get into these different states of

275

00:13:12,889 --> 00:13:11,069

consciousness again using the sound

276

00:13:15,230 --> 00:13:12,899

technology and it's all starts with our

277

00:13:17,419 --> 00:13:15,240

gateway program gateways into these

278

00:13:19,850 --> 00:13:17,429

different states and build from there

279

00:13:22,400 --> 00:13:19,860

and we have many different programs we

280

00:13:24,439 --> 00:13:22,410

offer now but people feel like they find

281

00:13:26,929 --> 00:13:24,449

themselves well in the first year you

282

00:13:28,170 --> 00:13:26,939

can speak because you know how profound

283

00:13:31,200 --> 00:13:28,180

the experiences

284

00:13:34,470 --> 00:13:31,210

a lot of people's life change they

285

00:13:38,280 --> 00:13:34,480

really are very profound and because I

286

00:13:40,650 --> 00:13:38,290

work as an interprofessional intuitive

287

00:13:44,670 --> 00:13:40,660

when I'm not broadcasting with the most

288

00:13:49,579 --> 00:13:44,680

lovely cake Valentine I find that once I

289

00:13:51,780 --> 00:13:49,589

come back from a program I have enhanced

290

00:13:54,690 --> 00:13:51,790

abilities you know it kind of gives you

291

00:13:57,180 --> 00:13:54,700

like a an electric charge and a boost

292

00:14:01,110 --> 00:13:57,190

it's a brain shot right to your

293

00:14:05,070 --> 00:14:01,120

abilities and I I remember during my

294

00:14:09,329 --> 00:14:05,080

lifeline program I was with Natalie sud-

295

00:14:12,329 --> 00:14:09,339

has also been on this show and we went

296

00:14:15,030 --> 00:14:12,339

somewhere and we went to the same place

297

00:14:17,910 --> 00:14:15,040

unbeknownst she was my roommate and we

298

00:14:19,470 --> 00:14:17,920

went together to the same place and we

299

00:14:22,350 --> 00:14:19,480

didn't know we had gone to the same

300

00:14:28,290 --> 00:14:22,360

place and had much the same experience

301
00:14:31,350 --> 00:14:28,300
until we ended the meditation and went

302
00:14:34,530 --> 00:14:31,360
downstairs to talk about it well that's

303
00:14:37,260 --> 00:14:34,540
very cool yeah and we hear these kind of

304
00:14:39,540 --> 00:14:37,270
things a lot as you might imagine it

305
00:14:42,540 --> 00:14:39,550
because people are dropping a lot of

306
00:14:44,820 --> 00:14:42,550
their focus on physical matter reality

307
00:14:48,449 --> 00:14:44,830
frankly so that they can go explore

308
00:14:50,460 --> 00:14:48,459
these other states within and this is

309
00:14:52,530 --> 00:14:50,470
all about we don't tell people what to

310
00:14:54,300 --> 00:14:52,540
think or believe here that's what's so

311
00:14:57,090 --> 00:14:54,310
different perhaps from many other places

312
00:14:58,829 --> 00:14:57,100
there's no Dogma with the exception of

313
00:15:00,420 --> 00:14:58,839

one thing we do ask of course that

314

00:15:02,670 --> 00:15:00,430

people consider they are more than their

315

00:15:04,500 --> 00:15:02,680

physical bodies and most people who are

316

00:15:08,880 --> 00:15:04,510

attracted to us would think said anyway

317

00:15:10,260 --> 00:15:08,890

this is something yeah so anyways I

318

00:15:11,280 --> 00:15:10,270

don't know if that I've been talking a

319

00:15:14,460 --> 00:15:11,290

lot i wrote that answers your question

320

00:15:17,699 --> 00:15:14,470

about Bob he was he was quite an amazing

321

00:15:21,120 --> 00:15:17,709

brilliant character not easy to work for

322

00:15:23,220 --> 00:15:21,130

but most brilliant people aren't you

323

00:15:25,230 --> 00:15:23,230

know yes it's a fairly the easiest

324

00:15:27,360 --> 00:15:25,240

people to be with I've read all three of

325

00:15:30,090 --> 00:15:27,370

his books and most unfortunately I

326

00:15:32,639 --> 00:15:30,100

turned up there a few years after he

327

00:15:36,120 --> 00:15:32,649

passed on so I never actually got to

328

00:15:38,100 --> 00:15:36,130

meet him but the way that I got down

329

00:15:40,530 --> 00:15:38,110

there was rather interesting because I

330

00:15:41,460 --> 00:15:40,540

had gone up to the Omega center for a

331

00:15:45,360 --> 00:15:41,470

program

332

00:15:48,660 --> 00:15:45,370

am up there and I walked into the Omega

333

00:15:50,760 --> 00:15:48,670

bookstore on my last second to last

334

00:15:52,770 --> 00:15:50,770

night of being there and I was looking

335

00:15:56,430 --> 00:15:52,780

for a gift from my daughter and some

336

00:15:58,650 --> 00:15:56,440

reading material and I grabbed something

337

00:16:03,360 --> 00:15:58,660

from my daughter who was a child at the

338

00:16:06,690 --> 00:16:03,370

time and and I just grabbed two books

339

00:16:08,280 --> 00:16:06,700

off the shelf without really looking at

340

00:16:10,710 --> 00:16:08,290

them you know I looked at the just

341

00:16:13,650 --> 00:16:10,720

looked at the covers and I and I grabbed

342

00:16:16,080 --> 00:16:13,660

them because I had to go and one of them

343

00:16:20,130 --> 00:16:16,090

was one of your husband's books and

344

00:16:24,570 --> 00:16:20,140

other was your stepfathers book you're

345

00:16:26,910 --> 00:16:24,580

kidding no I was totally totally out of

346

00:16:31,500 --> 00:16:26,920

the blue and then when I doubted the

347

00:16:33,810 --> 00:16:31,510

blue you know there was a coincidence we

348

00:16:36,000 --> 00:16:33,820

are Dicky there was a real synchronicity

349

00:16:38,790 --> 00:16:36,010

going on there when I didn't return back

350

00:16:42,420 --> 00:16:38,800

to New York City and most unfortunately

351

00:16:45,840 --> 00:16:42,430

my mother passed away I was taken out to

352

00:16:49,530 --> 00:16:45,850

lunch by my friend a girlfriend of mine

353

00:16:53,190 --> 00:16:49,540

and went to the Barnes & Noble in new

354

00:16:56,250 --> 00:16:53,200

York City after she left after lunch and

355

00:16:58,950 --> 00:16:56,260

I was going to buy one of those teacups

356

00:17:00,600 --> 00:16:58,960

for tea leaf reading that has you know

357

00:17:02,400 --> 00:17:00,610

different funny signs on it and

358

00:17:04,350 --> 00:17:02,410

everything is specific to Tea Leaf

359

00:17:07,980 --> 00:17:04,360

reading I was going to buy this because

360

00:17:11,640 --> 00:17:07,990

was on sale and I heard a distinct male

361

00:17:13,980 --> 00:17:11,650

voice in my ear that said put that down

362

00:17:16,170 --> 00:17:13,990

you don't need it now go to your friend

363

00:17:19,440 --> 00:17:16,180

Donald's bookstore there's something

364

00:17:22,200 --> 00:17:19,450

special there for you when and you know

365

00:17:24,360 --> 00:17:22,210

I'm standing in a bookstore in new york

366

00:17:29,550 --> 00:17:24,370

city with a lot of people around and I'm

367

00:17:31,380 --> 00:17:29,560

like and so I wouldn't I I thought to

368

00:17:34,290 --> 00:17:31,390

myself what's the worst thing that could

369

00:17:35,670 --> 00:17:34,300

happen out of doing this and I figured

370

00:17:37,470 --> 00:17:35,680

out that the worst thing that could

371

00:17:40,200 --> 00:17:37,480

happen is I got run over between the

372

00:17:44,520 --> 00:17:40,210

Barnes & Noble and my friends bookstore

373

00:17:47,460 --> 00:17:44,530

which is east village books and so I

374

00:17:49,620 --> 00:17:47,470

walked the three or four blocks over to

375

00:17:52,280 --> 00:17:49,630

his bookstore and my friend Jordan was

376

00:17:55,379 --> 00:17:52,290

there and I walked in and I went to the

377

00:17:57,629 --> 00:17:55,389

mystical section of the bookstore

378

00:18:00,419 --> 00:17:57,639

I'm looking around and I saw Seth speaks

379

00:18:02,639 --> 00:18:00,429

and astrological guide really year

380

00:18:05,879 --> 00:18:02,649

before and you know thinking to myself

381

00:18:10,099 --> 00:18:05,889

oh you know I must just be nuts you know

382

00:18:13,409 --> 00:18:10,109

I must really just be nuts but as I am

383

00:18:15,479 --> 00:18:13,419

walking away to go out of the store

384

00:18:19,199 --> 00:18:15,489

thinking that I was crazy the voice

385

00:18:22,409 --> 00:18:19,209

comes back and says you are lazy look up

386

00:18:24,060 --> 00:18:22,419

look up really yes I mean I love the

387

00:18:25,469 --> 00:18:24,070

words were you were Mandan yeah I don't

388

00:18:27,180 --> 00:18:25,479

know if the words where exactly you were

389

00:18:29,819 --> 00:18:27,190

lazy but what's wrong with you look up

390

00:18:32,609 --> 00:18:29,829

you know you're not paying attention so

391

00:18:34,709 --> 00:18:32,619

I went back and this was real voice this

392

00:18:36,959 --> 00:18:34,719

wasn't a thought this was a voice in my

393

00:18:41,399 --> 00:18:36,969

ear so I'm getting pretty freaked out

394

00:18:45,449 --> 00:18:41,409

and I look up and I see a path several

395

00:18:48,479 --> 00:18:45,459

packages of tape cassette tapes like

396

00:18:50,430 --> 00:18:48,489

they're in plastic cases and its way up

397

00:18:52,169 --> 00:18:50,440

on the top and I've gotta call Jordan

398

00:18:55,699 --> 00:18:52,179

and Jordan get over here please take

399

00:19:01,139 --> 00:18:55,709

these cases down for me well it was

400

00:19:06,479 --> 00:19:01,149

number two through five of the Gateway

401
00:19:08,819 --> 00:19:06,489
Program the Gateway Darian yes yes and

402
00:19:11,249 --> 00:19:08,829
since it was my friends bookstore I got

403
00:19:14,099 --> 00:19:11,259
a very good deal on it and I proceeded

404
00:19:16,889 --> 00:19:14,109
to go home and listen but I didn't have

405
00:19:18,839 --> 00:19:16,899
the first part number one so i had to

406
00:19:22,469 --> 00:19:18,849
get in contact with the monroe institute

407
00:19:25,799 --> 00:19:22,479
and by the first set of cassette tapes

408
00:19:29,310 --> 00:19:25,809
and i was in business boy was I a happy

409
00:19:32,119 --> 00:19:29,320
camper and below in a few months I ended

410
00:19:36,319 --> 00:19:32,129
up coming down there which I when was it

411
00:19:39,810 --> 00:19:36,329
January when I came it was the summer of

412
00:19:44,509 --> 00:19:39,820
2002 that this stuff happened and then

413
00:19:49,289 --> 00:19:44,519

it was I took my gateway in January 2003

414

00:19:51,389 --> 00:19:49,299

mm-hmm so it was it was quite an

415

00:19:54,749 --> 00:19:51,399

experience coming there you know being

416

00:19:57,509 --> 00:19:54,759

guided in this fashion to come there ee

417

00:19:59,669 --> 00:19:57,519

guided from the Omega Institute with the

418

00:20:02,629 --> 00:19:59,679

books or anything and then of course I

419

00:20:05,219 --> 00:20:02,639

had to read the other two books of

420

00:20:07,829 --> 00:20:05,229

Robert Monroe you know I got the middle

421

00:20:09,030 --> 00:20:07,839

book why the middle book I forget is

422

00:20:10,350 --> 00:20:09,040

that ultimate journey is all

423

00:20:13,050 --> 00:20:10,360

mature knees the last book what our

424

00:20:15,240 --> 00:20:13,060

journeys is the middle one and ultimate

425

00:20:18,510 --> 00:20:15,250

journey is so as far journeys that I

426
00:20:21,740 --> 00:20:18,520
picked up along along with José booklet

427
00:20:25,320 --> 00:20:21,750
did you ever hear that voice again um

428
00:20:27,300 --> 00:20:25,330
I've heard a lot of voices I don't it

429
00:20:30,420 --> 00:20:27,310
was a kind of I don't think was Bob's

430
00:20:32,100 --> 00:20:30,430
voice because I soon after heard Bob's

431
00:20:34,670 --> 00:20:32,110
voice and would have recognized the

432
00:20:39,540 --> 00:20:34,680
Bob's voice it was a it was a male

433
00:20:41,820 --> 00:20:39,550
American male speaking voice a little

434
00:20:47,730 --> 00:20:41,830
bit higher pitch than Bob's I would say

435
00:20:51,000 --> 00:20:47,740
so so Nancy tell us about about how you

436
00:20:53,760 --> 00:20:51,010
met your husband and all of how that

437
00:20:56,550 --> 00:20:53,770
happened and how you got right there at

438
00:21:01,950 --> 00:20:56,560

the Nexus of all the interesting stuff

439

00:21:03,570 --> 00:21:01,960

going on well you know like you guys I'm

440

00:21:05,640 --> 00:21:03,580

sure I don't believe anything ever

441

00:21:07,710 --> 00:21:05,650

happens by mistake I don't believe in

442

00:21:11,100 --> 00:21:07,720

coincidence i think everything is right

443

00:21:13,380 --> 00:21:11,110

on schedule and so when I was asked to

444

00:21:17,460 --> 00:21:13,390

come back in nineteen eighty-three to be

445

00:21:21,120 --> 00:21:17,470

the director I was what 31 at the time

446

00:21:23,040 --> 00:21:21,130

and someone said to me ha how are you I

447

00:21:24,960 --> 00:21:23,050

don't find a husband you're after in the

448

00:21:27,960 --> 00:21:24,970

middle of nowhere because as you have

449

00:21:29,730 --> 00:21:27,970

seen we are out in the mountains it is

450

00:21:32,640 --> 00:21:29,740

very rural here and I said well don't

451
00:21:35,460 --> 00:21:32,650
worry about it i will magnetize him and

452
00:21:36,930 --> 00:21:35,470
so what i did was i wrote down on a

453
00:21:39,090 --> 00:21:36,940
piece of paper and that's what I tell

454
00:21:40,950 --> 00:21:39,100
all my clients lastra logical clients

455
00:21:43,710 --> 00:21:40,960
and well actually any bikes that matter

456
00:21:45,390 --> 00:21:43,720
if you want to materialize them and what

457
00:21:47,280 --> 00:21:45,400
a manifesto you put at the top of the

458
00:21:49,470 --> 00:21:47,290
paper and you need to get out of hand so

459
00:21:51,920 --> 00:21:49,480
write it down with your hand not

460
00:21:54,660 --> 00:21:51,930
necessarily typing it on the computer if

461
00:21:57,590 --> 00:21:54,670
this is the best for me and those around

462
00:22:00,720 --> 00:21:57,600
me are those whose lives I touch I

463
00:22:03,930 --> 00:22:00,730

desire the following and so I wrote down

464

00:22:07,290 --> 00:22:03,940

all the attributes I wanted in my life

465

00:22:10,650 --> 00:22:07,300

mate and then I folded up the piece of

466

00:22:13,260 --> 00:22:10,660

paper put it away three weeks later I

467

00:22:15,030 --> 00:22:13,270

was training one of our gateway programs

468

00:22:17,100 --> 00:22:15,040

because thought thought oh you can train

469

00:22:19,350 --> 00:22:17,110

and give director too well he didn't

470

00:22:20,940 --> 00:22:19,360

have any trainers left so I was both

471

00:22:25,380 --> 00:22:20,950

trying to be addressed

472

00:22:27,600 --> 00:22:25,390

you're coming yeah so I was training a

473

00:22:30,480 --> 00:22:27,610

program and guess who was in it Joe

474

00:22:35,630 --> 00:22:30,490

McMonagle now I had no idea about his

475

00:22:38,550 --> 00:22:35,640

his very incredible skills as a psychic

476
00:22:44,730 --> 00:22:38,560
but that was okay didn't matter and it's

477
00:22:47,790 --> 00:22:44,740
just kind of when I saw him I knew oh my

478
00:22:49,710 --> 00:22:47,800
goodness areas so that's how i met joe

479
00:22:52,500 --> 00:22:49,720
and then he ended up working with Bob

480
00:22:56,550 --> 00:22:52,510
now Joe at this time was in the army and

481
00:22:59,100 --> 00:22:56,560
he was remove your double oh one but the

482
00:23:00,630 --> 00:22:59,110
project Stargate as it was called was

483
00:23:06,060 --> 00:23:00,640
still secrets wasn't nobody knew about

484
00:23:08,580 --> 00:23:06,070
it and skip out water whom we called

485
00:23:10,980 --> 00:23:08,590
Fred Atwater at that time had been Joe's

486
00:23:14,280 --> 00:23:10,990
training officer and he was already here

487
00:23:17,130 --> 00:23:14,290
because he we had known Fred all the way

488
00:23:19,380 --> 00:23:17,140

back in the 70s at whistle field and he

489

00:23:22,410 --> 00:23:19,390

was always coming and bringing papers to

490

00:23:24,300 --> 00:23:22,420

Bob and so forth and so on trying to

491

00:23:26,520 --> 00:23:24,310

learn more about all the stuff for

492

00:23:29,070 --> 00:23:26,530

obvious reasons and so then when Joe got

493

00:23:31,230 --> 00:23:29,080

here the idea was well Bob would you

494

00:23:33,000 --> 00:23:31,240

work with Joe to see if you can help him

495

00:23:35,490 --> 00:23:33,010

Remote View better can you make him a

496

00:23:39,450 --> 00:23:35,500

better psychic or teach him how to go

497

00:23:42,600 --> 00:23:39,460

out of body and so in fact Bob and Joe

498

00:23:45,090 --> 00:23:42,610

worked together in the lab Bob devised

499

00:23:50,370 --> 00:23:45,100

some specific sound tapes and hemi-sync

500

00:23:54,600 --> 00:23:50,380

tapes for Joe Joe did indeed learn how

501
00:23:56,760 --> 00:23:54,610
to control that a body better and was

502
00:23:59,610 --> 00:23:56,770
able to cool down in terms of remote

503
00:24:01,770 --> 00:23:59,620
viewing his getting quiet quieting his

504
00:24:04,770 --> 00:24:01,780
mind time the way he puts it is from

505
00:24:07,170 --> 00:24:04,780
like an hour 25 minutes as a result of

506
00:24:09,480 --> 00:24:07,180
what he learned and so at one point he

507
00:24:11,370 --> 00:24:09,490
said to Bob I've been using the tape so

508
00:24:13,620 --> 00:24:11,380
much just wearing through what do i do

509
00:24:15,200 --> 00:24:13,630
and Bob pitched the tape and it in the

510
00:24:18,210 --> 00:24:15,210
trash cans that you don't need anymore

511
00:24:19,560 --> 00:24:18,220
just remember how it feels and of course

512
00:24:22,620 --> 00:24:19,570
that's what we tell all our students

513
00:24:25,290 --> 00:24:22,630

here program participants you don't have

514

00:24:27,180 --> 00:24:25,300

to to buy anything you don't have to do

515

00:24:29,460 --> 00:24:27,190

anything except remember what it felt

516

00:24:32,130 --> 00:24:29,470

like and you can recreate the experience

517

00:24:34,680 --> 00:24:32,140

of being at such and such a level so

518

00:24:38,160 --> 00:24:34,690

that's how I met Joe

519

00:24:41,130 --> 00:24:38,170

and so it was right here and we will

520

00:24:46,400 --> 00:24:41,140

have been married in november 31 years

521

00:24:49,890 --> 00:24:46,410

Oh lovely and I do have to make a

522

00:24:53,010 --> 00:24:49,900

comment here but with my clients I do

523

00:24:55,170 --> 00:24:53,020

nearly the same thing you know sometimes

524

00:24:57,930 --> 00:24:55,180

people come they looking for a partner

525

00:25:01,380 --> 00:24:57,940

and I tell them to write down everything

526

00:25:03,780 --> 00:25:01,390

they want in a partner and everything

527

00:25:05,670 --> 00:25:03,790

that they don't want in a partner and

528

00:25:08,580 --> 00:25:05,680

then make sure everything they do want

529

00:25:10,950 --> 00:25:08,590

in a partner is all positive and that

530

00:25:13,530 --> 00:25:10,960

everything on each list balances you

531

00:25:15,660 --> 00:25:13,540

know so that and then I tell them to

532

00:25:18,540 --> 00:25:15,670

take the don't want list and burn it up

533

00:25:20,670 --> 00:25:18,550

oh that's a good one and and then to

534

00:25:22,410 --> 00:25:20,680

focus like once a week on the do want

535

00:25:26,280 --> 00:25:22,420

list take it out right before you go to

536

00:25:28,650 --> 00:25:26,290

bed and visualize and you know we've had

537

00:25:31,890 --> 00:25:28,660

some success with that i'd have to say

538

00:25:34,980 --> 00:25:31,900

we double find their mates and in that

539

00:25:36,420 --> 00:25:34,990

way and i just find it so important how

540

00:25:38,220 --> 00:25:36,430

to make sure you know the old expression

541

00:25:40,860 --> 00:25:38,230

be careful of what you want you just

542

00:25:43,650 --> 00:25:40,870

might get it yeah so that's why at the

543

00:25:45,990 --> 00:25:43,660

top of the paper with a if this is the

544

00:25:48,690 --> 00:25:46,000

best for me because you know you'll find

545

00:25:51,390 --> 00:25:48,700

some people say oh I want a guy who's

546

00:25:54,000 --> 00:25:51,400

who's good-looking and he drives a

547

00:25:55,680 --> 00:25:54,010

Ferrari and he has lots of money oh yeah

548

00:25:57,900 --> 00:25:55,690

okay got plenty so then you get one of

549

00:26:00,290 --> 00:25:57,910

those and then the person may be an

550

00:26:03,030 --> 00:26:00,300

arrow do well you never know you know so

551
00:26:05,550 --> 00:26:03,040
is that the best person for her well

552
00:26:10,590 --> 00:26:05,560
maybe who knows well i'm going to add

553
00:26:14,130 --> 00:26:10,600
that to my but the Ferrari the Ferrari

554
00:26:16,560 --> 00:26:14,140
I'm going to add the part about yes this

555
00:26:18,570 --> 00:26:16,570
is the best for media and highest and

556
00:26:21,870 --> 00:26:18,580
those his wife's I touch yeah because

557
00:26:23,600 --> 00:26:21,880
it's going to be sometimes we don't know

558
00:26:29,190 --> 00:26:23,610
what our high as good as in that right

559
00:26:31,890 --> 00:26:29,200
absolutely epon yeah yeah so um you

560
00:26:33,570 --> 00:26:31,900
also have you have had I don't know how

561
00:26:35,790 --> 00:26:33,580
active he wore with this right now but

562
00:26:39,570 --> 00:26:35,800
you have had an astrological service

563
00:26:42,690 --> 00:26:39,580

which has been worldwide um did you get

564

00:26:45,660 --> 00:26:42,700

into that time is summon Rose would be

565

00:26:47,850 --> 00:26:45,670

no good way before right now what

566

00:26:48,450 --> 00:26:47,860

happened was my mother took me for my

567

00:26:51,030 --> 00:26:48,460

first

568

00:26:53,460 --> 00:26:51,040

eating when I like nine years all sounds

569

00:26:55,890 --> 00:26:53,470

like a fascinating person huh oh my

570

00:26:58,530 --> 00:26:55,900

mother was such an incredible full she

571

00:27:00,600 --> 00:26:58,540

was the true Virginia lady I don't know

572

00:27:04,260 --> 00:27:00,610

some reason my sisters and I didn't get

573

00:27:05,940 --> 00:27:04,270

those jeans exactly you know that Jared

574

00:27:09,750 --> 00:27:05,950

gracious southern lady who's always

575

00:27:12,180 --> 00:27:09,760

polite and sweet well anyways yo mama

576

00:27:13,620 --> 00:27:12,190

pretty polite and she knows thank you

577

00:27:17,040 --> 00:27:13,630

she probably makes a mean chicken

578

00:27:18,660 --> 00:27:17,050

solitude oh yeah that's right then

579

00:27:20,220 --> 00:27:18,670

there's the funeral college you know the

580

00:27:21,690 --> 00:27:20,230

funeral house which he taken some way

581

00:27:24,870 --> 00:27:21,700

guys I think that's the thing with

582

00:27:28,260 --> 00:27:24,880

mandarin oranges sour cream it was that

583

00:27:30,570 --> 00:27:28,270

of it in any way so mom took me to an

584

00:27:34,050 --> 00:27:30,580

astrologer and when we lived in richmond

585

00:27:36,570 --> 00:27:34,060

virginia and it was earnest longest and

586

00:27:39,840 --> 00:27:36,580

uncle Ernie we called him he was a great

587

00:27:43,920 --> 00:27:39,850

astrologer and he read my chart and from

588

00:27:47,010 --> 00:27:43,930

that moment on I was hooked now so what

589

00:27:48,630 --> 00:27:47,020

what in the world is that if I'm nine so

590

00:27:50,880 --> 00:27:48,640

anyway I started buying the little

591

00:27:52,980 --> 00:27:50,890

horoscope magazines and everything and

592

00:27:54,660 --> 00:27:52,990

all I could read was the part that you

593

00:27:56,220 --> 00:27:54,670

know I could didn't understand all the

594

00:27:58,620 --> 00:27:56,230

astrological stuff but I would surely

595

00:28:02,910 --> 00:27:58,630

the prediction part right so it's been

596

00:28:04,890 --> 00:28:02,920

my passion for many over 50 years and so

597

00:28:07,830 --> 00:28:04,900

then I've been practicing it for a long

598

00:28:09,900 --> 00:28:07,840

time I do still do people's charts i am

599

00:28:12,090 --> 00:28:09,910

a Western astrologer tropical astrologer

600

00:28:15,630 --> 00:28:12,100

but I did them on Saturdays because I'm

601
00:28:21,270 --> 00:28:15,640
a little engaged here at the end that's

602
00:28:24,780 --> 00:28:21,280
in d and oh this is cute too you know

603
00:28:27,720 --> 00:28:24,790
Bob that Bob Monroe was not big on

604
00:28:32,130 --> 00:28:27,730
astrology and so I was a college ER in

605
00:28:33,990 --> 00:28:32,140
the old days again and now it's kind of

606
00:28:37,020 --> 00:28:34,000
like he says well maybe if you put

607
00:28:39,270 --> 00:28:37,030
biofeedback with it he was a very

608
00:28:41,610 --> 00:28:39,280
engineer mind type of thing and he just

609
00:28:44,070 --> 00:28:41,620
didn't buy into astrology you know oddly

610
00:28:46,350 --> 00:28:44,080
out of bodies were ok but all she was

611
00:28:50,640 --> 00:28:46,360
just a little bit too strange so it's

612
00:28:52,710 --> 00:28:50,650
not that a bit odd but anyway so um so

613
00:28:54,690 --> 00:28:52,720

yeah I am still practicing I'm not I'm

614

00:28:58,140 --> 00:28:54,700

not back in the closet with it as I used

615

00:29:00,090 --> 00:28:58,150

to be and I do it on Saturday so that's

616

00:29:01,590 --> 00:29:00,100

how that works but it seems like it's

617

00:29:04,140 --> 00:29:01,600

all the same thing like

618

00:29:06,860 --> 00:29:04,150

the power suggestion the ability to call

619

00:29:09,299 --> 00:29:06,870

about certain traits and people and

620

00:29:11,820 --> 00:29:09,309

their ability to think you know

621

00:29:14,909 --> 00:29:11,830

astrology certainly would be considering

622

00:29:16,650 --> 00:29:14,919

not like a normal everybody does it a

623

00:29:18,740 --> 00:29:16,660

little bit everybody knows everybody so

624

00:29:22,230 --> 00:29:18,750

I thought what I read in the newspapers

625

00:29:25,789 --> 00:29:22,240

right but if Russia was saying too that

626
00:29:28,890 --> 00:29:25,799
you used to write for Sydney Omar and

627
00:29:30,870 --> 00:29:28,900
that was like my big January thing I

628
00:29:33,090 --> 00:29:30,880
used to buy it and so the other could be

629
00:29:35,820 --> 00:29:33,100
awaiting see how the year was going to

630
00:29:39,270 --> 00:29:35,830
go and I sort of gave up on it cuz Olson

631
00:29:41,460 --> 00:29:39,280
name wasn't too happy for me um if

632
00:29:44,580 --> 00:29:41,470
that's everybody I mean my mother used

633
00:29:47,399 --> 00:29:44,590
to cut out my every birthday my mother

634
00:29:50,909 --> 00:29:47,409
would cut out my report is a paper right

635
00:29:56,880 --> 00:29:50,919
and put it inside my card oh really yes

636
00:30:01,940 --> 00:29:56,890
I did just interestingly a conversation

637
00:30:04,740 --> 00:30:01,950
on the TMI explorers list which is a

638
00:30:07,680 --> 00:30:04,750

internet list for people who have gone

639

00:30:09,480 --> 00:30:07,690

to more than one program at the monroe

640

00:30:13,520 --> 00:30:09,490

institute that's in the easiest way I

641

00:30:18,240 --> 00:30:13,530

can put it there was a discussion about

642

00:30:20,789 --> 00:30:18,250

skewing the results of experiments

643

00:30:22,919 --> 00:30:20,799

because of the opinions of the

644

00:30:25,520 --> 00:30:22,929

experimenters and even if the

645

00:30:28,890 --> 00:30:25,530

experimenters followed good scientific

646

00:30:31,260 --> 00:30:28,900

strategies and protocols their opinions

647

00:30:33,659 --> 00:30:31,270

would skew the results and this was

648

00:30:37,470 --> 00:30:33,669

going back and forth and and we all know

649

00:30:39,390 --> 00:30:37,480

the leg Russell Targ and Dean Radin have

650

00:30:42,960 --> 00:30:39,400

written about this you know biopic

651
00:30:45,480 --> 00:30:42,970
vision being one of the contributors one

652
00:30:48,450 --> 00:30:45,490
of the very nicest contributors to the T

653
00:30:50,010 --> 00:30:48,460
mi explorers list and I don't think I

654
00:30:53,430 --> 00:30:50,020
probably shouldn't mention his name so i

655
00:30:57,990 --> 00:30:53,440
won't mention that the person's

656
00:31:02,340 --> 00:30:58,000
astrological sign it changed the results

657
00:31:06,570 --> 00:31:02,350
by this excuse me statistically

658
00:31:09,240 --> 00:31:06,580
important but not overwhelming amounts

659
00:31:13,680 --> 00:31:09,250
like one to three percent and i thought

660
00:31:15,330 --> 00:31:13,690
wow that is really mind-bending say that

661
00:31:17,250 --> 00:31:15,340
again the person's after

662
00:31:19,650 --> 00:31:17,260
logical fine did what in other words

663
00:31:22,110 --> 00:31:19,660

you're an experimenter you know like

664

00:31:25,500 --> 00:31:22,120

roast on seethe or somebody like that

665

00:31:28,410 --> 00:31:25,510

and rainbows Ross is a Virgo the fact

666

00:31:31,080 --> 00:31:28,420

that he's a virgo is going to skew the

667

00:31:34,440 --> 00:31:31,090

results in one direction or another well

668

00:31:36,330 --> 00:31:34,450

maybe they're just more into I don't

669

00:31:39,000 --> 00:31:36,340

mean that he did like Ross is really a

670

00:31:42,450 --> 00:31:39,010

Virgo work okay it's alright boss we

671

00:31:44,250 --> 00:31:42,460

won't I have never heard that I hadn't

672

00:31:46,200 --> 00:31:44,260

heard it either until they mentioned it

673

00:31:49,290 --> 00:31:46,210

but that's like Schrodinger's cat you

674

00:31:50,970 --> 00:31:49,300

know is alive dead but i'll tell you a

675

00:31:53,100 --> 00:31:50,980

personal experience I had which was

676

00:31:54,840 --> 00:31:53,110

really interesting I was working in a

677

00:31:58,110 --> 00:31:54,850

lab and I was working with you glee know

678

00:32:01,620 --> 00:31:58,120

which are odd sort of one-celled animal

679

00:32:05,010 --> 00:32:01,630

that has let me just say an organ in the

680

00:32:06,870 --> 00:32:05,020

cell that's chloroplast can use it as a

681

00:32:09,660 --> 00:32:06,880

plant it also has an organ that's

682

00:32:12,660 --> 00:32:09,670

vestigial that they can use to eat with

683

00:32:14,640 --> 00:32:12,670

but they never do and so my idea was

684

00:32:16,710 --> 00:32:14,650

I'll shine a little piece of light

685

00:32:18,930 --> 00:32:16,720

through this tube and see if I can train

686

00:32:21,240 --> 00:32:18,940

or one-celled animal to respond to it

687

00:32:23,490 --> 00:32:21,250

okay so that was it oh ok but then

688

00:32:26,550 --> 00:32:23,500

Easter vacation came the lab the

689

00:32:28,530 --> 00:32:26,560

refrigerator in the lab went down so

690

00:32:31,410 --> 00:32:28,540

they had no exposure to light they had

691

00:32:34,590 --> 00:32:31,420

nothing and by the time I got back they

692

00:32:37,650 --> 00:32:34,600

were all using the animal organ to each

693

00:32:39,330 --> 00:32:37,660

other oh my goodness yeah so I just said

694

00:32:40,980 --> 00:32:39,340

Oh must have been a mistake had threw it

695

00:32:43,590 --> 00:32:40,990

out and the guy I was working for us

696

00:32:45,450 --> 00:32:43,600

that you seek you see how experiments

697

00:32:47,160 --> 00:32:45,460

get skewed you shouldn't have thought

698

00:32:48,860 --> 00:32:47,170

that that was a mistake you should have

699

00:32:51,180 --> 00:32:48,870

thought that that was a clue and

700

00:32:52,770 --> 00:32:51,190

continued and followed through on it but

701
00:32:54,420 --> 00:32:52,780
because at the time I was young and

702
00:32:56,370 --> 00:32:54,430
really stupid really wasn't that

703
00:32:58,080 --> 00:32:56,380
interested in you Kalina I just threw it

704
00:33:00,450 --> 00:32:58,090
out but I thought but the lesson I

705
00:33:03,930 --> 00:33:00,460
learned from that was yeah you really

706
00:33:06,360 --> 00:33:03,940
have to think about things you know but

707
00:33:08,400 --> 00:33:06,370
so that yeah obviously that little

708
00:33:12,270 --> 00:33:08,410
experiment of my was totally skewed by

709
00:33:16,460 --> 00:33:12,280
the way it was well yeah and and they

710
00:33:19,620 --> 00:33:16,470
have shown it's like what is it the

711
00:33:23,520 --> 00:33:19,630
expectation yeah if you expect an

712
00:33:26,640 --> 00:33:23,530
experiment or whatever to fail or or to

713
00:33:28,680 --> 00:33:26,650

be successful at ninety percent of that

714

00:33:29,160 --> 00:33:28,690

going for you right there or against you

715

00:33:31,440 --> 00:33:29,170

depending

716

00:33:35,250 --> 00:33:31,450

your belief Oh make a graph like you I

717

00:33:38,340 --> 00:33:35,260

can make it jump up well the power of

718

00:33:41,040 --> 00:33:38,350

positive thinking does have a definite

719

00:33:43,920 --> 00:33:41,050

effect and you have to think that I

720

00:33:45,900 --> 00:33:43,930

think for a good outcome or the the

721

00:33:47,640 --> 00:33:45,910

highest possible good you know when

722

00:33:50,100 --> 00:33:47,650

sending healing intentions are

723

00:33:51,960 --> 00:33:50,110

exaggerating of that nature well even in

724

00:33:54,540 --> 00:33:51,970

sports the home-field advantage is a

725

00:33:58,020 --> 00:33:54,550

real thing oh yes it definitely is real

726

00:34:00,420 --> 00:33:58,030

or teachers expectation oh yeah they're

727

00:34:02,280 --> 00:34:00,430

of the test they did where they told the

728

00:34:04,470 --> 00:34:02,290

teachers now this class is a super

729

00:34:07,200 --> 00:34:04,480

special they're really brainy action and

730

00:34:10,050 --> 00:34:07,210

of course they were normal normal range

731

00:34:12,270 --> 00:34:10,060

of kids and didn't you sure enough do

732

00:34:13,830 --> 00:34:12,280

they get better on testing than the

733

00:34:17,400 --> 00:34:13,840

other kids that's that's really

734

00:34:19,590 --> 00:34:17,410

fascinating so that's really the whole

735

00:34:23,909 --> 00:34:19,600

point of the monroe institute right to

736

00:34:28,590 --> 00:34:23,919

sort of bring out this ability of people

737

00:34:30,600 --> 00:34:28,600

to not not control their life but to you

738

00:34:33,180 --> 00:34:30,610

know sort of bring out better things in

739

00:34:34,740 --> 00:34:33,190

their life well yea unto be and to be

740

00:34:38,730 --> 00:34:34,750

aware what we're talking about here is

741

00:34:40,950 --> 00:34:38,740

being conscious and and and also again

742

00:34:43,890 --> 00:34:40,960

going back to Bob thought it was really

743

00:34:46,500 --> 00:34:43,900

important we get a different overview

744

00:34:50,280 --> 00:34:46,510

watch out for your belief systems he was

745

00:34:53,310 --> 00:34:50,290

real big on know KN 0 w vs belief

746

00:34:54,720 --> 00:34:53,320

systems and so go experience for

747

00:34:56,909 --> 00:34:54,730

yourself which is why he didn't want to

748

00:35:00,390 --> 00:34:56,919

tell anyone here's how it is now he

749

00:35:02,970 --> 00:35:00,400

shared his experiences absolutely and he

750

00:35:04,770 --> 00:35:02,980

has his own whole cosmology what he you

751

00:35:07,140 --> 00:35:04,780

know going out there to the eye there

752

00:35:08,970 --> 00:35:07,150

and the ish which is inner self helper

753

00:35:13,260 --> 00:35:08,980

you know Bob really didn't love acronyms

754

00:35:15,960 --> 00:35:13,270

oh yes he did crazy was that good but

755

00:35:18,620 --> 00:35:15,970

his whole thing was go find out for

756

00:35:21,630 --> 00:35:18,630

yourself and what we do is we provide a

757

00:35:24,360 --> 00:35:21,640

methodology for people to go there to

758

00:35:27,540 --> 00:35:24,370

get their to focus consciousness because

759

00:35:29,910 --> 00:35:27,550

again if focus consciousness can solve

760

00:35:32,100 --> 00:35:29,920

all the problems can answer all the

761

00:35:34,620 --> 00:35:32,110

questions that we have and that's what

762

00:35:36,600 --> 00:35:34,630

he believed then let's learn how to do

763

00:35:38,130 --> 00:35:36,610

it and so that's what we teach now you

764

00:35:40,490 --> 00:35:38,140

go and find your own answers which is

765

00:35:42,630 --> 00:35:40,500

why it's fun we can have a

766

00:35:43,080 --> 00:35:42,640

fundamentalist Baptist which by the way

767

00:35:45,660 --> 00:35:43,090

we

768

00:35:47,790 --> 00:35:45,670

actually have had here along with an

769

00:35:50,630 --> 00:35:47,800

atheist and the Catholic in an engineer

770

00:35:55,230 --> 00:35:50,640

and a housewife and a teacher and a food

771

00:35:57,690 --> 00:35:55,240

yeah exactly doesn't matter that's the

772

00:35:59,820 --> 00:35:57,700

beauty of this particular thing that Bob

773

00:36:03,060 --> 00:35:59,830

put together this gateway programming

774

00:36:04,860 --> 00:36:03,070

and the others while he was here so but

775

00:36:08,490 --> 00:36:04,870

and I'm real proud to be part of that

776

00:36:11,760 --> 00:36:08,500

because that means whatever your belief

777

00:36:15,450 --> 00:36:11,770

your tendency would or whatever it is

778

00:36:18,420 --> 00:36:15,460

you need to honor you can do so now by

779

00:36:20,910 --> 00:36:18,430

the way PS it might get blown apart by

780

00:36:24,660 --> 00:36:20,920

what you experience because you're going

781

00:36:26,510 --> 00:36:24,670

beyond typical belief systems what he

782

00:36:29,250 --> 00:36:26,520

would call we have a lot of cherished

783

00:36:32,040 --> 00:36:29,260

illusions yeah and sometimes it's

784

00:36:36,540 --> 00:36:32,050

awfully hard to part with them you know

785

00:36:39,480 --> 00:36:36,550

yes a lot of our listeners tend to be

786

00:36:42,450 --> 00:36:39,490

people who are interested in ufology a

787

00:36:43,890 --> 00:36:42,460

because of Kate's previous show and a

788

00:36:45,330 --> 00:36:43,900

number of the guests that we've had

789

00:36:48,630 --> 00:36:45,340

Kate's previous show was the Kate

790

00:36:50,700 --> 00:36:48,640

Valentine you fo sho and so we do have

791

00:36:54,090 --> 00:36:50,710

quite a few people who are interested in

792

00:36:56,760 --> 00:36:54,100

ufology and as a result of that I have

793

00:37:00,990 --> 00:36:56,770

to bring in here like a correlation is

794

00:37:04,200 --> 00:37:01,000

that what you follow G is often in a big

795

00:37:08,340 --> 00:37:04,210

mess because people choose to have a

796

00:37:10,470 --> 00:37:08,350

belief system about the the presence

797

00:37:13,080 --> 00:37:10,480

whatever the whoever the others or their

798

00:37:16,050 --> 00:37:13,090

origin or whatever exactly you know are

799

00:37:20,250 --> 00:37:16,060

they green men from Zeta Reticuli or are

800

00:37:24,090 --> 00:37:20,260

they yeah you know from our subconscious

801
00:37:26,570 --> 00:37:24,100
or are they reptilians from Alpha

802
00:37:28,830 --> 00:37:26,580
Centauri interdimensional

803
00:37:33,330 --> 00:37:28,840
interdimensional but as soon as we

804
00:37:35,820 --> 00:37:33,340
introduce a belief system we lose the

805
00:37:38,490 --> 00:37:35,830
experience or as he said the overview

806
00:37:40,170 --> 00:37:38,500
the overview exactly so this is for

807
00:37:43,380 --> 00:37:40,180
those people in our audience who are

808
00:37:47,220 --> 00:37:43,390
interested in ufology this is an

809
00:37:50,280 --> 00:37:47,230
interesting thread to look at because I

810
00:37:53,460 --> 00:37:50,290
I dislike the word believe I prefer to

811
00:37:56,970 --> 00:37:53,470
say thank or you know a glimpse

812
00:37:57,509 --> 00:37:56,980
something here but believe is is always

813
00:38:01,289 --> 00:37:57,519

a low

814

00:38:04,889 --> 00:38:01,299

a loaded word in parapsychology and

815

00:38:07,620 --> 00:38:04,899

ufology I would have to say and up by

816

00:38:09,239 --> 00:38:07,630

the by perhaps we should mention at this

817

00:38:11,849 --> 00:38:09,249

point because we have a lot of listeners

818

00:38:14,519 --> 00:38:11,859

who are interested in remote viewing and

819

00:38:17,279 --> 00:38:14,529

in UFO so maybe you want to talk a

820

00:38:20,069 --> 00:38:17,289

little bit about the remote viewing

821

00:38:22,739 --> 00:38:20,079

training that is done by the illustrious

822

00:38:26,009 --> 00:38:22,749

Joe McMonagle at the Monroe Institute as

823

00:38:29,249 --> 00:38:26,019

well as the Star Alliance Program which

824

00:38:36,630 --> 00:38:29,259

I am dying to take no are you set up to

825

00:38:38,099 --> 00:38:36,640

take it yet no but just quickly before

826

00:38:40,649 --> 00:38:38,109

we get into that because that is

827

00:38:43,529 --> 00:38:40,659

interesting one of the remote viewers

828

00:38:45,630 --> 00:38:43,539

it's made an excellent point is that for

829

00:38:48,089 --> 00:38:45,640

example you can teach people art or

830

00:38:50,339 --> 00:38:48,099

music but some people have a really

831

00:38:52,499 --> 00:38:50,349

innate ability that's an advanced by

832

00:38:54,389 --> 00:38:52,509

these programs whereas the most of us

833

00:38:57,659 --> 00:38:54,399

can sort of hammer out chopsticks on the

834

00:38:59,699 --> 00:38:57,669

piano and as far as it goes so I guess

835

00:39:02,099 --> 00:38:59,709

that even though your program is

836

00:39:05,549 --> 00:39:02,109

excellent from what Farrugia said not

837

00:39:07,439 --> 00:39:05,559

everybody can be a Joe McGonigle well

838

00:39:09,809 --> 00:39:07,449

not everybody's going to be a Joe but

839

00:39:13,049 --> 00:39:09,819

the truth of the matter is if they come

840

00:39:16,769 --> 00:39:13,059

here they will learn how to Remote View

841

00:39:18,479 --> 00:39:16,779

so they can play chopsticks okay they

842

00:39:21,239 --> 00:39:18,489

candidate leasing know it's a piano then

843

00:39:23,339 --> 00:39:21,249

no it's got 88 that's kind and not only

844

00:39:25,739 --> 00:39:23,349

that they you know they can play it with

845

00:39:28,079 --> 00:39:25,749

both hands and may be used to on no

846

00:39:30,719 --> 00:39:28,089

surprise themselves don't they scooter

847

00:39:33,719 --> 00:39:30,729

they do it they surprised themselves at

848

00:39:35,849 --> 00:39:33,729

how good really do and a lot of what Joe

849

00:39:38,729 --> 00:39:35,859

teeth first you have to unlearn a lot of

850

00:39:40,019 --> 00:39:38,739

stuff one of people try to and we all

851
00:39:43,079 --> 00:39:40,029
try to do this I think particularly

852
00:39:44,909 --> 00:39:43,089
anyone who has any kind of who's tuned

853
00:39:46,919 --> 00:39:44,919
in just like except you have to be

854
00:39:48,620 --> 00:39:46,929
careful and you know this Lucia I'm sure

855
00:39:50,999 --> 00:39:48,630
because what you do you can't

856
00:39:52,709 --> 00:39:51,009
automatically assume because it's round

857
00:39:55,019 --> 00:39:52,719
and there's water there that it's a

858
00:39:57,629 --> 00:39:55,029
swimming pool what you can say is it's

859
00:39:59,399 --> 00:39:57,639
round and has water in it and that's one

860
00:40:02,249 --> 00:39:59,409
of the things he teaches people's be

861
00:40:04,979 --> 00:40:02,259
careful because you got to allow all the

862
00:40:07,349 --> 00:40:04,989
pieces let the pieces come in come in

863
00:40:09,749 --> 00:40:07,359

don't assume immediately don't try to

864

00:40:11,320 --> 00:40:09,759

jump to defining it and so what he

865

00:40:14,650 --> 00:40:11,330

teaches people how to do

866

00:40:17,050 --> 00:40:14,660

is to perceive the overall Gestalt first

867

00:40:18,700 --> 00:40:17,060

off and then he goes through and he

868

00:40:20,920 --> 00:40:18,710

teaches the difference but you know how

869

00:40:23,740 --> 00:40:20,930

to be a remote viewer he teaches the

870

00:40:27,280 --> 00:40:23,750

person also how to appropriately judge a

871

00:40:31,120 --> 00:40:27,290

remote viewing they do a ton of them in

872

00:40:33,010 --> 00:40:31,130

the court and as a result you know again

873

00:40:34,930 --> 00:40:33,020

you're talking about understanding much

874

00:40:37,600 --> 00:40:34,940

more clearly who you are what you came

875

00:40:39,160 --> 00:40:37,610

here to do you get much better

876

00:40:40,780 --> 00:40:39,170

problem-solving skills because you're

877

00:40:45,490 --> 00:40:40,790

able to open up to getting more

878

00:40:47,020 --> 00:40:45,500

information about stuff as with any kind

879

00:40:50,140 --> 00:40:47,030

of psychic stuff whether it's past

880

00:40:52,510 --> 00:40:50,150

present future doesn't matter again

881

00:40:54,160 --> 00:40:52,520

you're learning to focus your mind to

882

00:40:56,710 --> 00:40:54,170

perceive that which is beyond our

883

00:41:01,570 --> 00:40:56,720

typical physical at a reality or his Bob

884

00:41:05,140 --> 00:41:01,580

called it p mr boyd something right but

885

00:41:06,730 --> 00:41:05,150

um yes t i would say when i listen to

886

00:41:10,120 --> 00:41:06,740

people not only it's just because I'm

887

00:41:11,770 --> 00:41:10,130

his wife I hear people if anything I

888

00:41:14,320 --> 00:41:11,780

would heard their complaints since i'm

889

00:41:16,870 --> 00:41:14,330

sitting in this chair but they say this

890

00:41:19,210 --> 00:41:16,880

is tremendous I now know I can remove

891

00:41:22,050 --> 00:41:19,220

you it's like learning to play the piano

892

00:41:24,760 --> 00:41:22,060

even though you may not be Van Cliburn

893

00:41:27,360 --> 00:41:24,770

you say you may not be you know or

894

00:41:30,670 --> 00:41:27,370

playing cough you may not be Tiger Woods

895

00:41:33,520 --> 00:41:30,680

but yeah now I know how to hold the club

896

00:41:35,980 --> 00:41:33,530

I know how to hit the ball so the

897

00:41:38,350 --> 00:41:35,990

teaching here is is quite good and you

898

00:41:40,390 --> 00:41:38,360

do have one of the best of course with

899

00:41:41,920 --> 00:41:40,400

with Joe and it's funny for me to talk

900

00:41:44,260 --> 00:41:41,930

about it because it's I feel like I'm

901
00:41:51,940 --> 00:41:44,270
bragging on my husband which I am but

902
00:41:55,990 --> 00:41:51,950
it's true if it's well earned okay so so

903
00:41:59,230 --> 00:41:56,000
these are very very popular programs his

904
00:42:02,560 --> 00:41:59,240
hard so in fact he has one coming up

905
00:42:04,330 --> 00:42:02,570
this fall I think at some point well

906
00:42:07,720 --> 00:42:04,340
there ya i want right over and it highly

907
00:42:11,230 --> 00:42:07,730
amended yeah so you took it huh well i

908
00:42:14,830 --> 00:42:11,240
took the class with skip at water which

909
00:42:19,080 --> 00:42:14,840
was wonderful and joe was a guest three

910
00:42:22,780 --> 00:42:19,090
times during and he gave the first

911
00:42:25,180 --> 00:42:22,790
target he came one night and spoke to us

912
00:42:29,410 --> 00:42:25,190
and then he gave the last heart

913
00:42:31,870 --> 00:42:29,420

and the last target that he gave was a

914

00:42:34,329 --> 00:42:31,880

good hit for me and I'm happy about that

915

00:42:35,829 --> 00:42:34,339

yeah of course yeah well on Joe's

916

00:42:39,069 --> 00:42:35,839

program is quite a bit different from

917

00:42:41,490 --> 00:42:39,079

skips so if ever you get a hit to do it

918

00:42:44,859 --> 00:42:41,500

again I would love it and I'm sure that

919

00:42:47,650 --> 00:42:44,869

you know given the time I definitely

920

00:42:49,780 --> 00:42:47,660

willed it I will definitely be there for

921

00:42:53,559 --> 00:42:49,790

I know you're busy we need to bring some

922

00:42:55,660 --> 00:42:53,569

stuff to New York okay yeah I think that

923

00:42:58,180 --> 00:42:55,670

would be great that would be a great

924

00:43:02,010 --> 00:42:58,190

idea i mean have we have the wonderful

925

00:43:04,329 --> 00:43:02,020

allison moore in New York doing the the

926

00:43:06,790 --> 00:43:04,339

I'm trying to think of the correct word

927

00:43:09,609 --> 00:43:06,800

the correct acronym her you're mine and

928

00:43:12,809 --> 00:43:09,619

he has clear my mind she'sshe's the

929

00:43:16,329 --> 00:43:12,819

point person in Manhattan for bond row

930

00:43:19,750 --> 00:43:16,339

graduates oh great okay so she's

931

00:43:21,730 --> 00:43:19,760

probably doing excursion weekends or

932

00:43:24,180 --> 00:43:21,740

having just get together it's just

933

00:43:26,470 --> 00:43:24,190

having get after network once a month

934

00:43:28,809 --> 00:43:26,480

get-togethers bless her heart that's

935

00:43:31,329 --> 00:43:28,819

great network you know I was wondering

936

00:43:33,940 --> 00:43:31,339

if maybe it probably even works better

937

00:43:36,910 --> 00:43:33,950

if you're in a sort of a remote area

938

00:43:38,950 --> 00:43:36,920

rural area but if you were in Manhattan

939

00:43:41,079 --> 00:43:38,960

with eight million other people who are

940

00:43:43,120 --> 00:43:41,089

thinking intensely at any given time

941

00:43:45,099 --> 00:43:43,130

seriously I'm gonna choke it you know

942

00:43:47,380 --> 00:43:45,109

about like where I'm going you know am I

943

00:43:49,359 --> 00:43:47,390

missing the subway of the toidy Papa but

944

00:43:51,720 --> 00:43:49,369

yeah yeah well I wonder if said it i

945

00:43:57,370 --> 00:43:51,730

will tell you from my direct experience

946

00:44:00,880 --> 00:43:57,380

that um when you are focusing in this

947

00:44:04,750 --> 00:44:00,890

manner you do hear voices and i've had

948

00:44:07,180 --> 00:44:04,760

the room that's um one of the first

949

00:44:10,720 --> 00:44:07,190

rooms as you come in the door to the

950

00:44:14,890 --> 00:44:10,730

left off the library there and in that

951
00:44:17,620 --> 00:44:14,900
room at TMI and i've had the experience

952
00:44:20,500 --> 00:44:17,630
of meditating and you know a guided

953
00:44:22,359 --> 00:44:20,510
meditation and hearing voices of women

954
00:44:24,880 --> 00:44:22,369
and I always just assumed it was the

955
00:44:27,940 --> 00:44:24,890
ladies in the kitchen but I have been

956
00:44:31,000 --> 00:44:27,950
told but it is not the ladies in the

957
00:44:33,339 --> 00:44:31,010
kitchen and so there are voices going on

958
00:44:36,940 --> 00:44:33,349
as far as in Manhattan when I meditate

959
00:44:38,400 --> 00:44:36,950
in Manhattan if there is no background

960
00:44:40,349 --> 00:44:38,410
noise

961
00:44:43,529 --> 00:44:40,359
I know something big is going to happen

962
00:44:46,710 --> 00:44:43,539
you guys when the noise stops it me

963
00:44:49,260 --> 00:44:46,720

something big it's going to happen I may

964

00:44:51,480 --> 00:44:49,270

not know what it is but I know that's it

965

00:44:54,650 --> 00:44:51,490

you know that the air is disturbed and

966

00:44:58,260 --> 00:44:54,660

all the voices have stopped they are

967

00:45:00,900 --> 00:44:58,270

hushed and that means something is going

968

00:45:04,170 --> 00:45:00,910

on interesting first I've ever found

969

00:45:06,809 --> 00:45:04,180

that by watching the news stories about

970

00:45:08,789 --> 00:45:06,819

what's going on with wild animals let's

971

00:45:10,710 --> 00:45:08,799

say in humans like all the shark attacks

972

00:45:12,839 --> 00:45:10,720

have you seen those that happened a

973

00:45:15,000 --> 00:45:12,849

couple of months ago yeah in the

974

00:45:19,049 --> 00:45:15,010

coasties whole East Coast basically

975

00:45:23,069 --> 00:45:19,059

unusual in shallow water and and so

976

00:45:27,359 --> 00:45:23,079

forth and then recently a ton of bear

977

00:45:28,829 --> 00:45:27,369

attacks yes well Joe and I noticed and

978

00:45:32,400 --> 00:45:28,839

we're talking with another friend once

979

00:45:34,890 --> 00:45:32,410

it was right after 911 right before that

980

00:45:37,799 --> 00:45:34,900

happened and we were remarking on this

981

00:45:40,859 --> 00:45:37,809

after the awful event right before nine

982

00:45:43,920 --> 00:45:40,869

eleven there was a spate of shark

983

00:45:45,269 --> 00:45:43,930

attacks getting a very unusual one so

984

00:45:48,539 --> 00:45:45,279

when we were watching these shark

985

00:45:50,670 --> 00:45:48,549

attacks we thought ooh I wonder and so

986

00:45:53,750 --> 00:45:50,680

far knock on wood I mean other than it's

987

00:45:56,460 --> 00:45:53,760

awful stuff with Isis and so forth but

988

00:46:00,420 --> 00:45:56,470

certainly nothing here on our land and

989

00:46:02,789 --> 00:46:00,430

then meeting USA and then now recently

990

00:46:05,670 --> 00:46:02,799

all these bear attacks and so I'm

991

00:46:08,099 --> 00:46:05,680

wondering free show or UK if either one

992

00:46:11,059 --> 00:46:08,109

of you have ever noticed that there

993

00:46:14,279 --> 00:46:11,069

seems to be a correlation between

994

00:46:17,400 --> 00:46:14,289

unusual activity with other animals and

995

00:46:19,170 --> 00:46:17,410

humans to two events as they come up

996

00:46:22,410 --> 00:46:19,180

like your silence that you get for isha

997

00:46:25,650 --> 00:46:22,420

before something happens i have got to

998

00:46:30,019 --> 00:46:25,660

say i have not noticed that because I

999

00:46:34,799 --> 00:46:30,029

was not aware of that I do think that

1000

00:46:37,950 --> 00:46:34,809

nature is pretty angry at us right how

1001
00:46:40,859 --> 00:46:37,960
about all the things that are going on

1002
00:46:44,549 --> 00:46:40,869
so I have not noticed the correlation of

1003
00:46:49,620 --> 00:46:44,559
the shark attacks but before nine eleven

1004
00:46:51,960 --> 00:46:49,630
happened two nights before i was in my

1005
00:46:55,640 --> 00:46:51,970
loft bed and I was in

1006
00:47:00,030 --> 00:46:55,650
liminal state and there was a helicopter

1007
00:47:02,730 --> 00:47:00,040
going over my house my apartment in

1008
00:47:04,950 --> 00:47:02,740
Manhattan which was not a tremendously

1009
00:47:07,050 --> 00:47:04,960
unusual experience in the East Village

1010
00:47:09,599 --> 00:47:07,060
you know sometimes things going on and

1011
00:47:12,690 --> 00:47:09,609
the police helicopters go over but for

1012
00:47:15,780 --> 00:47:12,700
some reason this absolutely terrified me

1013
00:47:18,870 --> 00:47:15,790

and I started screaming that somebody

1014

00:47:21,450 --> 00:47:18,880

was going to get us and so that was my

1015

00:47:24,000 --> 00:47:21,460

little introduction and that was the

1016

00:47:27,359 --> 00:47:24,010

sunday night before the Tuesday event

1017

00:47:30,240 --> 00:47:27,369

and on the Monday I had a foot doctor

1018

00:47:33,140 --> 00:47:30,250

appointment and as I was leaving the

1019

00:47:36,480 --> 00:47:33,150

foot doctor I looked around and

1020

00:47:40,560 --> 00:47:36,490

everything was silent it was a perfectly

1021

00:47:44,430 --> 00:47:40,570

beautiful day Monday September 10 2001

1022

00:47:46,890 --> 00:47:44,440

but it was too quiet it was just much

1023

00:47:49,290 --> 00:47:46,900

too quiet and it was eerie it was like

1024

00:47:50,970 --> 00:47:49,300

struck me to the core that it was very

1025

00:47:54,030 --> 00:47:50,980

eerie but if you would have asked me

1026
00:47:55,470 --> 00:47:54,040
what was going to happen I might know

1027
00:47:57,570 --> 00:47:55,480
that I think there's going to be a plane

1028
00:47:58,710 --> 00:47:57,580
crash and it would have been that I

1029
00:48:02,310 --> 00:47:58,720
wouldn't have been able to tell you

1030
00:48:03,839 --> 00:48:02,320
exactly right sure sure so um but you

1031
00:48:06,750 --> 00:48:03,849
know what i was thinking of this morning

1032
00:48:08,010 --> 00:48:06,760
and this is really both the subject a

1033
00:48:11,310 --> 00:48:08,020
little bit but i'm going to throw it out

1034
00:48:13,829 --> 00:48:11,320
there anyway um it was something that um

1035
00:48:17,220 --> 00:48:13,839
somebody I'm sure you know John

1036
00:48:20,870 --> 00:48:17,230
Alexander posted on his on his Facebook

1037
00:48:24,930 --> 00:48:20,880
page and it had to do with it being the

1038
00:48:28,530 --> 00:48:24,940

60th maybe or more and no must been 70th

1039

00:48:30,780 --> 00:48:28,540

anniversary of Hiroshima right and i

1040

00:48:33,690 --> 00:48:30,790

began to think i and i wrote this back

1041

00:48:36,060 --> 00:48:33,700

to him and I said I would really love to

1042

00:48:37,980 --> 00:48:36,070

see if a group of really good remote

1043

00:48:41,220 --> 00:48:37,990

viewers I'd like to you know just

1044

00:48:43,859 --> 00:48:41,230

participate not being great as Joe but

1045

00:48:48,780 --> 00:48:43,869

just to participate in this to see if

1046

00:48:52,760 --> 00:48:48,790

there's some form of a a karmic reality

1047

00:48:56,810 --> 00:48:52,770

for the country of Japan because today

1048

00:49:00,450 --> 00:48:56,820

they also restarted the Sendai nuclear

1049

00:49:03,359 --> 00:49:00,460

reactors that Fukushima is a part of oh

1050

00:49:05,860 --> 00:49:03,369

great really and and it's like Hello

1051

00:49:08,110 --> 00:49:05,870

what kind of stuff did that today yeah

1052

00:49:10,240 --> 00:49:08,120

what kind of stubborn stupidity is this

1053

00:49:13,480 --> 00:49:10,250

exactly you know that don't you know

1054

00:49:15,520 --> 00:49:13,490

it's just going to be a couple of days

1055

00:49:17,620 --> 00:49:15,530

or months go by and there will be

1056

00:49:19,300 --> 00:49:17,630

another earthquake there no doubt I mean

1057

00:49:23,220 --> 00:49:19,310

you don't maybe a psyker to tell that

1058

00:49:28,570 --> 00:49:23,230

there and do you know what is the what

1059

00:49:31,060 --> 00:49:28,580

exactly is the karmic load here wins a

1060

00:49:33,100 --> 00:49:31,070

radio check activity in a panic like you

1061

00:49:35,290 --> 00:49:33,110

killed us and now will kill you no I

1062

00:49:36,910 --> 00:49:35,300

don't think I'll it drives fully I don't

1063

00:49:39,430 --> 00:49:36,920

think it's not in the back of their mind

1064

00:49:41,410 --> 00:49:39,440

an indirect well they gonna kill

1065

00:49:43,600 --> 00:49:41,420

themselves to why would suspect well

1066

00:49:45,040 --> 00:49:43,610

sometimes people do that revenge as long

1067

00:49:47,110 --> 00:49:45,050

as you're dead they'll go to they don't

1068

00:49:51,010 --> 00:49:47,120

care I don't I don't I went quite

1069

00:49:53,950 --> 00:49:51,020

obviously in parachute I wouldn't

1070

00:49:55,600 --> 00:49:53,960

exactly go over there but I wonder if

1071

00:49:57,820 --> 00:49:55,610

there's some like I just want to

1072

00:49:59,980 --> 00:49:57,830

meditate on that what is the car man no

1073

00:50:02,260 --> 00:49:59,990

it's a sort Julie it really is because

1074

00:50:05,740 --> 00:50:02,270

it's drifting over tour it was it's

1075

00:50:08,590 --> 00:50:05,750

doing a number on on Hawaii it's nearly

1076
00:50:11,890 --> 00:50:08,600
doing a number on and on the whales of

1077
00:50:14,200 --> 00:50:11,900
washing up dead the giant those those

1078
00:50:16,630 --> 00:50:14,210
big squids squids and those other fish

1079
00:50:18,700 --> 00:50:16,640
the I know their pole fish or something

1080
00:50:21,250 --> 00:50:18,710
of that nature but I would love to do

1081
00:50:25,570 --> 00:50:21,260
I'd love to do a meditation like a group

1082
00:50:27,790 --> 00:50:25,580
meditation on that but just just quick

1083
00:50:31,120 --> 00:50:27,800
back to the animals yes have you seen

1084
00:50:35,470 --> 00:50:31,130
this recent show zoo on TV I won't watch

1085
00:50:37,870 --> 00:50:35,480
it I I did I'm a war I was not that

1086
00:50:39,880 --> 00:50:37,880
scary but it's interesting how he [h__h]

1087
00:50:41,970 --> 00:50:39,890
up as key areas the fact that involves

1088
00:50:45,730 --> 00:50:41,980

animals anything with animal man do I

1089

00:50:48,640 --> 00:50:45,740

get too sensitive about oh yeah lovers

1090

00:50:50,560 --> 00:50:48,650

here we're all own animals or caregivers

1091

00:50:52,870 --> 00:50:50,570

upon which I don't even own our knives

1092

00:50:55,120 --> 00:50:52,880

and dogs right well three of us here

1093

00:50:57,160 --> 00:50:55,130

there oh not so yes left for work this

1094

00:50:58,750 --> 00:50:57,170

morning it's seven or sprawled out in

1095

00:51:05,770 --> 00:50:58,760

the couch gonna have a nice day there's

1096

00:51:07,900 --> 00:51:05,780

suck but the but it do animals win in

1097

00:51:09,700 --> 00:51:07,910

this they're all ticked off and they

1098

00:51:11,590 --> 00:51:09,710

said that humans have abused them and

1099

00:51:14,230 --> 00:51:11,600

now they're going to get back at humans

1100

00:51:19,000 --> 00:51:14,240

and so they gang up on humans and quite

1101
00:51:19,630 --> 00:51:19,010
effectively I'm a saying good I have

1102
00:51:22,480 --> 00:51:19,640
terrible

1103
00:51:25,060 --> 00:51:22,490
I second that emotion so no I get upset

1104
00:51:27,280 --> 00:51:25,070
of had our talk about being unconscious

1105
00:51:29,560 --> 00:51:27,290
or in consciousness around animals it

1106
00:51:32,320 --> 00:51:29,570
really upsets me yes and that's what

1107
00:51:36,520 --> 00:51:32,330
there is a wonderful new series of

1108
00:51:38,830 --> 00:51:36,530
studies about how trees are also you

1109
00:51:41,200 --> 00:51:38,840
know vegetation particularly trees are

1110
00:51:45,280 --> 00:51:41,210
also sentient in their own way oh yeah

1111
00:51:47,500 --> 00:51:45,290
and that is really a wonderful it

1112
00:51:49,840 --> 00:51:47,510
because it's a scientific study now you

1113
00:51:52,720 --> 00:51:49,850

and I school and and and you as well

1114

00:51:55,090 --> 00:51:52,730

Kate we may have always felt that way

1115

00:51:57,820 --> 00:51:55,100

but it's nice to have a little bit of

1116

00:51:59,650 --> 00:51:57,830

scientific back up well not only

1117

00:52:01,510 --> 00:51:59,660

scientific but I think the general

1118

00:52:03,790 --> 00:52:01,520

populace feels like this because just

1119

00:52:08,110 --> 00:52:03,800

yesterday in New Jersey of all places

1120

00:52:10,570 --> 00:52:08,120

the 175 year old oak that was destiny to

1121

00:52:12,880 --> 00:52:10,580

be cut down enough people showed up and

1122

00:52:15,940 --> 00:52:12,890

said don't you dare and good and they

1123

00:52:17,980 --> 00:52:15,950

didn't die in the world what did I want

1124

00:52:22,930 --> 00:52:17,990

to cut it down I make up a parking lot

1125

00:52:26,050 --> 00:52:22,940

oh my lord oh good Evan so anyway but

1126
00:52:28,480 --> 00:52:26,060
you know I think I think you people and

1127
00:52:30,130 --> 00:52:28,490
because i am not really remote view or

1128
00:52:31,810 --> 00:52:30,140
anything so i'm sorry i have to distance

1129
00:52:34,120 --> 00:52:31,820
myself a bit but i think you're bringing

1130
00:52:36,220 --> 00:52:34,130
about a change in consciousness I really

1131
00:52:38,590 --> 00:52:36,230
do I think it's and I think it's for the

1132
00:52:40,630 --> 00:52:38,600
better well I think you guys are

1133
00:52:42,790 --> 00:52:40,640
wonderful just doing this radio show

1134
00:52:45,640 --> 00:52:42,800
help in that you know you're taking the

1135
00:52:47,920 --> 00:52:45,650
time to focus on subjects that make

1136
00:52:49,690 --> 00:52:47,930
people open up to other possibility so

1137
00:52:52,180 --> 00:52:49,700
bless you guys for what your pardon us

1138
00:52:54,010 --> 00:52:52,190

well you never know who it reaches you

1139

00:52:55,900 --> 00:52:54,020

know sometimes as you said there's no

1140

00:52:58,060 --> 00:52:55,910

coincidence and you know maybe that

1141

00:52:59,890 --> 00:52:58,070

somewhere just they happen to pick it up

1142

00:53:01,690 --> 00:52:59,900

on a podcast somewhere and they think oh

1143

00:53:03,400 --> 00:53:01,700

you know what that sounds interesting

1144

00:53:05,110 --> 00:53:03,410

maybe I'll go down there and see what

1145

00:53:07,270 --> 00:53:05,120

it's about and then BAM you have your

1146

00:53:11,320 --> 00:53:07,280

next Joe go ahead what's the last name

1147

00:53:13,480 --> 00:53:11,330

look you know I don't ago I have you

1148

00:53:15,190 --> 00:53:13,490

know I've interviewed how many people

1149

00:53:20,070 --> 00:53:15,200

hundred 23 I don't know how many people

1150

00:53:23,350 --> 00:53:20,080

I cannot i have such out maybach against

1151

00:53:25,270 --> 00:53:23,360

McGonigle mcmonagle making wanna go to g

1152

00:53:27,700 --> 00:53:25,280

there don't put the g there that's

1153

00:53:30,430 --> 00:53:27,710

that's a mom I'm going come on eagle

1154

00:53:32,549 --> 00:53:30,440

he's taking on ago you know you're on a

1155

00:53:35,939 --> 00:53:32,559

Grinch mikma

1156

00:53:38,579 --> 00:53:35,949

on my Eagle McMonagle okay give it that

1157

00:53:41,249 --> 00:53:38,589

way so it's metal on ago right okay drop

1158

00:53:44,579 --> 00:53:41,259

one of the teams it's nothing personal I

1159

00:53:46,529 --> 00:53:44,589

apologize but no problem maybe that's

1160

00:53:48,539 --> 00:53:46,539

the next guy maybe it's just as you said

1161

00:53:50,789 --> 00:53:48,549

some nine-year-old kid going to distrel

1162

00:53:53,459 --> 00:53:50,799

gym being said wow these things actually

1163

00:53:56,039 --> 00:53:53,469

exist that's great maybe I'll look into

1164

00:54:00,329 --> 00:53:56,049

it maybe they'll be our little saving

1165

00:54:04,289 --> 00:54:00,339

graces so tell us a little bit about the

1166

00:54:06,390 --> 00:54:04,299

program's beyond the Gateway well you

1167

00:54:08,640 --> 00:54:06,400

know it again it depends on what people

1168

00:54:09,989 --> 00:54:08,650

are interested a lot of people want to

1169

00:54:12,989 --> 00:54:09,999

get more in touch with their guidance

1170

00:54:16,289 --> 00:54:12,999

let's say and so we have a program

1171

00:54:18,929 --> 00:54:16,299

called guidelines and this is where you

1172

00:54:20,519 --> 00:54:18,939

get in touch with however you want to

1173

00:54:25,229 --> 00:54:20,529

call it your guides your inner self

1174

00:54:27,719 --> 00:54:25,239

helps your angels by whatever term and

1175

00:54:31,140 --> 00:54:27,729

so it's a it's a program that helps

1176

00:54:33,029 --> 00:54:31,150

people give you the skill for getting

1177

00:54:35,459 --> 00:54:33,039

into the states to get in touch with

1178

00:54:37,949 --> 00:54:35,469

these other forms of them from

1179

00:54:41,519 --> 00:54:37,959

informants if you will informants that's

1180

00:54:44,609 --> 00:54:41,529

what I'll call mine the hardline program

1181

00:54:47,759 --> 00:54:44,619

is another one that is very very popular

1182

00:54:52,229 --> 00:54:47,769

and that has to do with learning to love

1183

00:54:56,449 --> 00:54:52,239

yourself self trust and so forth as well

1184

00:54:59,219 --> 00:54:56,459

as then being able to love more people

1185

00:55:01,859 --> 00:54:59,229

without the fear because there's so much

1186

00:55:03,989 --> 00:55:01,869

fear we run into as you can know and so

1187

00:55:05,699 --> 00:55:03,999

the hardline program is very big the

1188

00:55:08,699 --> 00:55:05,709

Lifeline program you know you took that

1189

00:55:12,719 --> 00:55:08,709

one yes I took a guide lines and of

1190

00:55:14,729 --> 00:55:12,729

course Dave wave guide lines and lino

1191

00:55:18,169 --> 00:55:14,739

line line and a number of others yeah

1192

00:55:20,579 --> 00:55:18,179

right and so this is for people who

1193

00:55:24,269 --> 00:55:20,589

might be interested in being a service

1194

00:55:27,719 --> 00:55:24,279

to others there's some that perhaps die

1195

00:55:30,660 --> 00:55:27,729

and don't know they're dead or they get

1196

00:55:32,849 --> 00:55:30,670

stuck in a certain state and in life

1197

00:55:35,160 --> 00:55:32,859

line people learn how to get into

1198

00:55:37,589 --> 00:55:35,170

different states and then help those

1199

00:55:39,839 --> 00:55:37,599

people in transition who haven't been

1200

00:55:42,209 --> 00:55:39,849

able to quite free themselves up to help

1201
00:55:45,640 --> 00:55:42,219
them move forward earthbound souls and

1202
00:55:48,190 --> 00:55:45,650
there you go yeah really yeah

1203
00:55:49,650 --> 00:55:48,200
our lab that's really an interesting one

1204
00:55:52,690 --> 00:55:49,660
and then of course some people end up

1205
00:55:55,390 --> 00:55:52,700
seeing people there perhaps it passed on

1206
00:55:56,829 --> 00:55:55,400
I must add though immediately you don't

1207
00:55:59,019 --> 00:55:56,839
have to do that in life lines we have a

1208
00:56:01,240 --> 00:55:59,029
lot of people in gateway who end up

1209
00:56:03,940 --> 00:56:01,250
connecting with someone who's passed on

1210
00:56:08,819 --> 00:56:03,950
so again since we are talking about

1211
00:56:11,559 --> 00:56:08,829
getting beyond physical matter reality

1212
00:56:13,480 --> 00:56:11,569
no telling who you might run into type

1213
00:56:16,870 --> 00:56:13,490

of thing so that's in any of the

1214

00:56:19,480 --> 00:56:16,880

programs MC squared this is a program

1215

00:56:22,180 --> 00:56:19,490

that Joe gallon burgers psychologist was

1216

00:56:24,730 --> 00:56:22,190

put together I took that morning yeah

1217

00:56:28,299 --> 00:56:24,740

that's a fun one isn't it yes it is yes

1218

00:56:30,190 --> 00:56:28,309

it is you find that you you do all sorts

1219

00:56:34,380 --> 00:56:30,200

of things you never thought was possible

1220

00:56:38,260 --> 00:56:34,390

like bending forks and spoons into weird

1221

00:56:42,130 --> 00:56:38,270

curlicues and and and starting seeds in

1222

00:56:44,230 --> 00:56:42,140

your hand really keep rolling sevens on

1223

00:56:46,029 --> 00:56:44,240

the dice and the really thing okay now

1224

00:56:47,890 --> 00:56:46,039

that's good that you want good yeah

1225

00:56:51,789 --> 00:56:47,900

that's what I like that part look that's

1226
00:56:54,190 --> 00:56:51,799
the influencing physical matter again we

1227
00:56:57,039 --> 00:56:54,200
go from a non-physical means yeah that's

1228
00:56:59,589 --> 00:56:57,049
exactly and so you know and and and you

1229
00:57:01,480 --> 00:56:59,599
mentioned Star Line's before and now

1230
00:57:05,579 --> 00:57:01,490
we're talking about going into other

1231
00:57:09,910 --> 00:57:05,589
energy systems far beyond the earth life

1232
00:57:14,650 --> 00:57:09,920
kind of earth human type of thing as we

1233
00:57:16,150 --> 00:57:14,660
know it and so Francine King one of our

1234
00:57:19,210 --> 00:57:16,160
senior trainers has been here for a long

1235
00:57:22,930 --> 00:57:19,220
time actually designed this one and this

1236
00:57:26,710 --> 00:57:22,940
takes you out into quite a what we call

1237
00:57:28,299 --> 00:57:26,720
other focus states Bob called the

1238
00:57:31,059 --> 00:57:28,309

different states of consciousness simply

1239

00:57:33,309 --> 00:57:31,069

by focus level so that he wouldn't give

1240

00:57:36,970 --> 00:57:33,319

them any kind of emotionally Laden terms

1241

00:57:39,400 --> 00:57:36,980

so focused 10 4 examples mind awake body

1242

00:57:41,799 --> 00:57:39,410

asleep and focused 12 as an expanded

1243

00:57:45,370 --> 00:57:41,809

state of awareness folks 15 state of no

1244

00:57:48,670 --> 00:57:45,380

time and so forth and so on well and in

1245

00:57:50,980 --> 00:57:48,680

Star Line's this is and you have to have

1246

00:57:53,710 --> 00:57:50,990

gone through a couple of programs in

1247

00:57:56,829 --> 00:57:53,720

order to take this one but this has to

1248

00:57:58,870 --> 00:57:56,839

do with really exploring consciousness

1249

00:58:00,640 --> 00:57:58,880

going way out

1250

00:58:03,069 --> 00:58:00,650

there and you actually are traveling

1251
00:58:05,259 --> 00:58:03,079
through the solar system and looking at

1252
00:58:07,180 --> 00:58:05,269
the consciousness of each planet you

1253
00:58:10,289 --> 00:58:07,190
were just talking about trees having

1254
00:58:13,599 --> 00:58:10,299
consciousness or being sentient to come

1255
00:58:17,620 --> 00:58:13,609
creatures i want to say beings and it's

1256
00:58:20,769 --> 00:58:17,630
so well what about planets see and we

1257
00:58:25,089 --> 00:58:20,779
come back to that greater overview and

1258
00:58:28,269 --> 00:58:25,099
so what what Francine built into this

1259
00:58:33,059 --> 00:58:28,279
program a lot of for example going out

1260
00:58:35,980 --> 00:58:33,069
into this area and experiencing the I

1261
00:58:38,680 --> 00:58:35,990
their clusters that's what Bob called

1262
00:58:40,660 --> 00:58:38,690
them integrating parts of yourself I

1263
00:58:43,150 --> 00:58:40,670

mean there are all kinds of things you

1264

00:58:46,120 --> 00:58:43,160

do in this and it's also bringing quite

1265

00:58:47,589 --> 00:58:46,130

a bit of astronomy into this she talks

1266

00:58:49,660 --> 00:58:47,599

about being able to go through a

1267

00:58:52,240 --> 00:58:49,670

particular portal she calls it the

1268

00:58:54,099 --> 00:58:52,250

Stargate of the galactic core and I have

1269

00:58:59,170 --> 00:58:54,109

to tell you I'm not taking the program

1270

00:59:02,079 --> 00:58:59,180

yet yeah and also going through again

1271

00:59:06,579 --> 00:59:02,089

it's like going through the cosmos to

1272

00:59:09,999 --> 00:59:06,589

help understand better your totality so

1273

00:59:13,059 --> 00:59:10,009

you know and people love this so it's

1274

00:59:14,799 --> 00:59:13,069

one of the five day programs find a 69

1275

00:59:19,200 --> 00:59:14,809

and timeline of course you want to go

1276

00:59:21,999 --> 00:59:19,210

past half present future look at other

1277

00:59:24,160 --> 00:59:22,009

selves and other times and that kind of

1278

00:59:26,230 --> 00:59:24,170

stuff and out-of-body exploration

1279

00:59:29,140 --> 00:59:26,240

program Bill bule man if you all have

1280

00:59:31,150 --> 00:59:29,150

heard Williams human actually trains

1281

00:59:33,880 --> 00:59:31,160

that that's what one of our most popular

1282

00:59:36,579 --> 00:59:33,890

programs here too and then we have a

1283

00:59:40,029 --> 00:59:36,589

program based on our spatial angle

1284

00:59:42,789 --> 00:59:40,039

modulation audio technology and the

1285

00:59:45,539 --> 00:59:42,799

program is called event horizon and this

1286

00:59:48,579 --> 00:59:45,549

program was designed by Bob Holbrook

1287

00:59:50,829 --> 00:59:48,589

who's who we call our director of

1288

00:59:53,410 --> 00:59:50,839

innovation he's quite the idea of person

1289

00:59:58,210 --> 00:59:53,420

and a great trainer and a nice guy to

1290

01:00:01,029 --> 00:59:58,220

really yeah really have fun and he put

1291

01:00:03,940 --> 01:00:01,039

event horizon together this program

1292

01:00:06,430 --> 01:00:03,950

along with his wife and Natalie sued men

1293

01:00:08,999 --> 01:00:06,440

whom you mentioned before in Merenda who

1294

01:00:12,310 --> 01:00:09,009

is his wife and three of them trial

1295

01:00:14,470 --> 01:00:12,320

trained this and again it's getting

1296

01:00:15,910 --> 01:00:14,480

beyond our personal limitations that's

1297

01:00:21,160 --> 01:00:15,920

you know we're calling the event horizon

1298

01:00:23,650 --> 01:00:21,170

and so how can you best get to your path

1299

01:00:26,470 --> 01:00:23,660

of freedom now what are the practices

1300

01:00:28,960 --> 01:00:26,480

you can learn here and so you're this is

1301

01:00:31,780 --> 01:00:28,970

again creating your own destiny your own

1302

01:00:33,550 --> 01:00:31,790

future well I've just you know accepting

1303

01:00:35,680 --> 01:00:33,560

here we are back to belief systems and

1304

01:00:37,870 --> 01:00:35,690

well I'm gonna do this way because this

1305

01:00:39,880 --> 01:00:37,880

has always been me that kind of time

1306

01:00:43,150 --> 01:00:39,890

sorry what were you I for one can't wait

1307

01:00:45,520 --> 01:00:43,160

to come back a home to the monroe

1308

01:00:49,270 --> 01:00:45,530

institute we gotta get Kate there Kate

1309

01:00:52,200 --> 01:00:49,280

have you ever been here no all right for

1310

01:00:56,380 --> 01:00:52,210

she got a job I'm your finger with you

1311

01:01:01,420 --> 01:00:56,390

but I am open to change you have had so

1312

01:01:03,910 --> 01:01:01,430

many so many unusual experiences I don't

1313

01:01:07,240 --> 01:01:03,920

know well alright but those were not of

1314

01:01:11,620 --> 01:01:07,250

this psychic but this sport fig you a

1315

01:01:14,530 --> 01:01:11,630

she's just she is an experiencer par

1316

01:01:16,510 --> 01:01:14,540

excellence and she's just she does she I

1317

01:01:19,330 --> 01:01:16,520

think she's afraid to admit it nice cant

1318

01:01:21,550 --> 01:01:19,340

Valentine's to God I really but what I

1319

01:01:23,350 --> 01:01:21,560

was going to say since that is an

1320

01:01:25,540 --> 01:01:23,360

extraordinarily beautiful area of the

1321

01:01:27,460 --> 01:01:25,550

country when you go on these five day

1322

01:01:30,160 --> 01:01:27,470

courses do you stay there or is there

1323

01:01:32,710 --> 01:01:30,170

yeah you stay here absolutely we have a

1324

01:01:34,930 --> 01:01:32,720

center and actually you'll learn a

1325

01:01:36,640 --> 01:01:34,940

residential Center you stay in a check

1326

01:01:38,710 --> 01:01:36,650

unit the check would stand for

1327

01:01:41,200 --> 01:01:38,720

controlled holistic environmental

1328

01:01:43,750 --> 01:01:41,210

chamber yes Bob did put that together

1329

01:01:46,890 --> 01:01:43,760

and if any of you have ever been to

1330

01:01:49,510 --> 01:01:46,900

Monticello Thomas Jefferson's host

1331

01:01:52,210 --> 01:01:49,520

remember his bed and how it was kind of

1332

01:01:54,310 --> 01:01:52,220

enclosed yeah well that's kind of like a

1333

01:01:57,090 --> 01:01:54,320

check unit and the idea was that you get

1334

01:01:59,590 --> 01:01:57,100

to again you're kind of in the womb of

1335

01:02:01,240 --> 01:01:59,600

security and blocking out the physical

1336

01:02:04,150 --> 01:02:01,250

world and that's where you listen to the

1337

01:02:07,090 --> 01:02:04,160

exercises and have all these experiences

1338

01:02:09,970 --> 01:02:07,100

yeah yeah so you do that you stay here

1339

01:02:12,100 --> 01:02:09,980

you eat here in you and it's beautiful

1340

01:02:15,640 --> 01:02:12,110

grounds to walk on in the end of midday

1341

01:02:18,370 --> 01:02:15,650

breaks and yeah a great company always a

1342

01:02:20,050 --> 01:02:18,380

good company and then staff is just the

1343

01:02:21,940 --> 01:02:20,060

best staff you'd ever want to meet in

1344

01:02:22,690 --> 01:02:21,950

your life everyone's friendly and yes

1345

01:02:24,579 --> 01:02:22,700

they are

1346

01:02:27,190 --> 01:02:24,589

really really are but do they have good

1347

01:02:29,500 --> 01:02:27,200

coffee yes okay actually you have to

1348

01:02:33,430 --> 01:02:29,510

come to my office for that okay i'll be

1349

01:02:35,770 --> 01:02:33,440

there before before we go because we

1350

01:02:38,829 --> 01:02:35,780

have been talking about an hour and we

1351
01:02:43,150 --> 01:02:38,839
hate to go but we must ask you at least

1352
01:02:46,120 --> 01:02:43,160
to give us one of your own a paranormal

1353
01:02:47,740 --> 01:02:46,130
psychic Oh or mystical experiences

1354
01:02:50,530 --> 01:02:47,750
because that's what our listeners want

1355
01:02:52,930 --> 01:02:50,540
to hear about too ok well let's see

1356
01:02:54,790 --> 01:02:52,940
didn't we want to talk about how I met

1357
01:02:56,680 --> 01:02:54,800
my grandfather who died before I was

1358
01:03:00,280 --> 01:02:56,690
born or how I felt a stealth bomber

1359
01:03:01,960 --> 01:03:00,290
before it became known about or about

1360
01:03:03,430 --> 01:03:01,970
the shared out-of-body i had with Bob

1361
01:03:05,740 --> 01:03:03,440
and Nancy I mean what's your pleasure

1362
01:03:09,819 --> 01:03:05,750
here i think the grandfather sounds good

1363
01:03:11,560 --> 01:03:09,829

oh okay well one night and again a lot

1364

01:03:14,200 --> 01:03:11,570

of my stuff happens in sleep because i

1365

01:03:16,300 --> 01:03:14,210

have to admit my brain being going going

1366

01:03:20,319 --> 01:03:16,310

going all the time i'm a virgo can't

1367

01:03:22,990 --> 01:03:20,329

help it it's busy anyway so i'm asleep

1368

01:03:25,930 --> 01:03:23,000

and I got to meet my grandfather now I

1369

01:03:28,510 --> 01:03:25,940

never got to meet him he died actually

1370

01:03:30,579 --> 01:03:28,520

like the week before I was born oh and

1371

01:03:34,180 --> 01:03:30,589

when I got to meet him I was 16 years

1372

01:03:36,220 --> 01:03:34,190

old it was mostly connection and I just

1373

01:03:37,870 --> 01:03:36,230

I knew that that's who it was and there

1374

01:03:41,770 --> 01:03:37,880

wasn't any talking really it was just

1375

01:03:43,960 --> 01:03:41,780

this loving presence Oh between us the

1376

01:03:45,490 --> 01:03:43,970

next morning I did not say anything to

1377

01:03:46,990 --> 01:03:45,500

my mom I don't know maybe I was late

1378

01:03:49,569 --> 01:03:47,000

running for school or whatever it was

1379

01:03:51,400 --> 01:03:49,579

but all through the day I had my

1380

01:03:54,910 --> 01:03:51,410

grandfather with it was really cool I

1381

01:03:56,740 --> 01:03:54,920

got home and mom said to me you know the

1382

01:03:58,870 --> 01:03:56,750

strangest thing happened your

1383

01:04:01,780 --> 01:03:58,880

grandfather has been on my mind all day

1384

01:04:04,120 --> 01:04:01,790

to know and he used to call me Ming

1385

01:04:06,370 --> 01:04:04,130

thing I think they heard again her name

1386

01:04:08,740 --> 01:04:06,380

was Nancy and that name kept coming to

1387

01:04:11,620 --> 01:04:08,750

me and then I got a call from your uncle

1388

01:04:13,870 --> 01:04:11,630

bill well that was her brother and he

1389

01:04:17,200 --> 01:04:13,880

called her and said you know dad has

1390

01:04:19,120 --> 01:04:17,210

been around me all day to day Wow now I

1391

01:04:20,109 --> 01:04:19,130

just find that kind of interest aunt was

1392

01:04:22,900 --> 01:04:20,119

just one of those cute little

1393

01:04:25,660 --> 01:04:22,910

synchronicities if you will but I was

1394

01:04:28,630 --> 01:04:25,670

certain i had met him now why and how

1395

01:04:32,260 --> 01:04:28,640

did that happen that that is that's a

1396

01:04:34,690 --> 01:04:32,270

very very poignant experience it was

1397

01:04:36,370 --> 01:04:34,700

hardly yeah especially since I never got

1398

01:04:38,710 --> 01:04:36,380

to meet him in person and

1399

01:04:41,529 --> 01:04:38,720

least I got to meet him you know through

1400

01:04:43,749 --> 01:04:41,539

this being in this other state thanks to

1401

01:04:45,190 --> 01:04:43,759

mr. Monroe again because i was listening

1402

01:04:47,109 --> 01:04:45,200

to these basically they were hemi-sync

1403

01:04:49,150 --> 01:04:47,119

before we call them hemi-sync sounds at

1404

01:04:51,430 --> 01:04:49,160

night and going into these other states

1405

01:04:54,099 --> 01:04:51,440

of consciousness so I was being provided

1406

01:04:55,900 --> 01:04:54,109

with all manner of experiences you know

1407

01:04:58,599 --> 01:04:55,910

so as I say to include shared out of

1408

01:05:01,059 --> 01:04:58,609

bodies with with Bob and mother and and

1409

01:05:03,880 --> 01:05:01,069

well I make that plural it was actually

1410

01:05:08,039 --> 01:05:03,890

one big one it was really fun so yeah I

1411

01:05:12,220 --> 01:05:08,049

just I am so fortunate so very grateful

1412

01:05:15,160 --> 01:05:12,230

to for being brought up with my mother

1413

01:05:20,279 --> 01:05:15,170

and my father daddy was a good Methodist

1414

01:05:23,589 --> 01:05:20,289

Christian and then mr. Monroe who wasn't

1415

01:05:25,240 --> 01:05:23,599

very much everything but you know I was

1416

01:05:27,819 --> 01:05:25,250

not a religious man he never wanted to

1417

01:05:30,160 --> 01:05:27,829

be a guru but my gosh then he open up

1418

01:05:33,309 --> 01:05:30,170

the world and then of course with Joe so

1419

01:05:35,259 --> 01:05:33,319

I just I feel very lucky and so a lot of

1420

01:05:37,990 --> 01:05:35,269

such experiences and I think everybody

1421

01:05:39,880 --> 01:05:38,000

can have them I agree we can all have

1422

01:05:42,039 --> 01:05:39,890

them we just have to pay attention here

1423

01:05:43,509 --> 01:05:42,049

we go again be conscious and we have to

1424

01:05:46,509 --> 01:05:43,519

know your address and how to get watch

1425

01:05:50,620 --> 01:05:46,519

yes we want to we want you to put out

1426

01:05:52,779 --> 01:05:50,630

like um what how people can come to the

1427

01:05:55,450 --> 01:05:52,789

monroe institute how they can is just

1428

01:05:59,230 --> 01:05:55,460

online Oh be fined yet you can just go

1429

01:06:02,710 --> 01:05:59,240

to monroe institute org or those people

1430

01:06:04,390 --> 01:06:02,720

who prefer to use a telephone well our

1431

01:06:08,829 --> 01:06:04,400

address and everything is on there but

1432

01:06:11,259 --> 01:06:08,839

it's for 34 36 1 1500 it's a phone

1433

01:06:13,029 --> 01:06:11,269

number but monroe institute org and you

1434

01:06:14,799 --> 01:06:13,039

can go there and learn about all the

1435

01:06:18,579 --> 01:06:14,809

programs and everything else and contact

1436

01:06:20,559 --> 01:06:18,589

us and join in on the on the fun so give

1437

01:06:23,380 --> 01:06:20,569

it is fun and that's something bob was

1438

01:06:25,480 --> 01:06:23,390

big on to know it's serious yes but for

1439

01:06:28,620 --> 01:06:25,490

heaven's sakes make it fun okay and

1440

01:06:32,740 --> 01:06:28,630

that's okay you have an open invitation

1441

01:06:36,339 --> 01:06:32,750

okay you sure do confias and i hope to

1442

01:06:38,890 --> 01:06:36,349

see you soon in person myself hope to be

1443

01:06:41,109 --> 01:06:38,900

down there very soon and thank you so

1444

01:06:42,940 --> 01:06:41,119

much how this is a trade wonderful guest

1445

01:06:45,940 --> 01:06:42,950

I was wonderful to speak with you I

1446

01:06:48,160 --> 01:06:45,950

really feel so I know I thank you all so

1447

01:06:50,109 --> 01:06:48,170

much for having me on the show Kate will

1448

01:06:51,579 --> 01:06:50,119

expect to you and froosh aha I need

1449

01:06:54,730 --> 01:06:51,589

give you another hug so come on back

1450

01:06:56,710 --> 01:06:54,740

okay you got it okay well thank you

1451

01:06:59,880 --> 01:06:56,720

again okay that's cool to have a

1452

01:07:03,509 --> 01:06:59,890

wonderful day bye okay bye bye bye

1453

01:07:07,089 --> 01:07:03,519

so so great that we've had a lovely

1454

01:07:09,670 --> 01:07:07,099

lovely visit with Nancy scooter

1455

01:07:12,940 --> 01:07:09,680

mcmonagle the executive director and

1456

01:07:16,539 --> 01:07:12,950

president of the monroe institute which

1457

01:07:20,529 --> 01:07:16,549

is in favor Virginia just outside of

1458

01:07:23,589 --> 01:07:20,539

Charlottesville and um do we do you have

1459

01:07:26,049 --> 01:07:23,599

any news for us Kate no not really okay

1460

01:07:28,269 --> 01:07:26,059

no well we're hoping to start in

1461

01:07:32,019 --> 01:07:28,279

September with a full schedule twice a

1462

01:07:34,989 --> 01:07:32,029

month and we will let you know what our

1463

01:07:37,660 --> 01:07:34,999

who our upcoming guests are or what they

1464

01:07:39,279 --> 01:07:37,670

are if they're not human oh that before

1465

01:07:43,120 --> 01:07:39,289

had to be fun right yeah just the voice

1466

01:07:45,150 --> 01:07:43,130

coming in you know little you'd see Bill

1467

01:07:50,920 --> 01:07:45,160

checking his equipment yes just a little

1468

01:07:53,349 --> 01:07:50,930

EVP electronic voice phenomena would you

1469

01:07:55,960 --> 01:07:53,359

say mm-hmm so what we'll leave it here

1470

01:07:58,150 --> 01:07:55,970

and his is in his domain and Willy oh

1471

01:08:00,220 --> 01:07:58,160

yeah here yeah he can have fun with it

1472

01:08:03,039 --> 01:08:00,230

it's in the late in in the late night

1473

01:08:05,890 --> 01:08:03,049

and in the wee morning hours 4am is a

1474

01:08:08,440 --> 01:08:05,900

very good time for that sort of thing

1475

01:08:12,460 --> 01:08:08,450

and bill says thanks and what we really

1476

01:08:15,780 --> 01:08:12,470

want to say is a big thanks to mr. Bill

1477

01:08:19,599 --> 01:08:15,790

Murray a DS who is our faithful and

1478

01:08:23,939 --> 01:08:19,609

talented engineer mm-hmm and who is now

1479

01:08:27,220 --> 01:08:23,949

um gonna say goodbye okay bill nope